

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sept 26, Oct 31, Dec 5, Jan 9, Feb 13, Mar 20	Sept 27, Nov 1, Dec 6, Jan 10, Feb 14, Mar 21	Sept 28, Nov 2, Dec 7, Jan 11, Feb 15, Mar 22	Sept 29, Nov 3, Dec 8, Jan 12, Feb 16, Mar 23	Sept 30, Nov 4, Dec 9, Jan 13, Feb 17, Mar 24	Oct 1, Nov 5, Dec 10, Jan 14, Feb 18, Mar 25	Oct 2, Nov 6, Dec 11, Jan 15, Feb 19, Mar 26
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Western Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Au Gratin Hash Browns Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Salad Greens with Orange Cream of Tomato Soup Tilapia with Basil Cream Tomato Rice Garlic & Herb Roasted Eggplant Turkey Cheese Sandwich Cherries Jubilee SF Assorted Cookies	Tomato & Goat Cheese Salad Corn Chowder Quiche Lorraine Couscous Cucumber Salad Side Salad Meatball Sub Ambrosia Salad Fruit Salad	Wedge Salad Egg Drop Soup Beef & Broccoli Stir Fry Fried Rice Chicken Salad Sandwich Peanut Butter Bar SF Lemon Mousse	Bacon, Lettuce, & Tomato Salad Black Bean Soup Grilled Chicken Feta Flatbread Grilled Pimento Cheese Sandwich Tres Leches Cake RS Coconut Cream Pudding	Caesar Salad Minestrone Soup Eggplant Rollatini Penne Pasta & Marinara Basil Zucchini Sauté Kosher Frank Frosted Marble Cake RS Chocolate Frosted Yellow Cake	Greek Salad Lentil Soup Loaded Baked Potato Chicken Filet Sandwich Blonde Brownie NSA Blonde Brownie	Cranberry Almond Salad Sweet Potato Bisque Turkey Pot Pie Roasted Carrots Egg Salad Sandwich Baked Apples NSA Baked Apples
Dinner <i>*After dinner snacks available daily.</i>						
Tossed Garden Salad Broccoli Cheese Soup Corned Beef Hash Cheesy Scrambled Eggs Sautéed Peppers Toast Turkey Cheese Sandwich Assorted Cookies SF Assorted Cookies	Chopped Salad Matzo Ball Soup Apple Glazed Chicken Potato Latkes Sautéed Spinach Meatball Sub Honey Cake Fruit Salad	Beet & Apple Salad Chicken Vegetable Soup Tuna Noodle Casserole Broccoli Spears Chicken Salad Sandwich Lemon Cream Pie SF Lemon Mousse	Spinach Salad with Egg Cream of Mushroom Soup Beef Goulash Peas & Carrots Grilled Pimento Cheese Sandwich Coconut Macaroons RS Coconut Cream Pudding	Salad Greens Beef Noodle Soup Roast Turkey & Gravy with Cranberry Sauce Traditional Stuffing Green Beans Almandine Kosher Frank Pecan Bar RS Chocolate Frosted Yellow Cake	Mediterranean Salad Cream of Carrot Soup Mustard-Herb Crusted Trout Stewed White Beans Sautéed Broccoli Chicken Filet Sandwich Orange Chiffon Cake NSA Blonde Brownie	Lettuce & Tomato Salad French Onion Soup Braised Beef Brisket Garlic Mashed Potatoes Creamed Spinach Egg Salad Sandwich Chocolate Éclair Torte NSA Baked Apples

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Oct 3, Nov 7, Dec 12, Jan 16, Feb 20	Oct 4, Nov 8, Dec 13, Jan 17, Feb 21	Oct 5, Nov 9, Dec 14, Jan 18, Feb 22	Oct 6, Nov 10, Dec 15, Jan 19, Feb 23	Oct 7, Nov 11, Dec 16, Jan 20, Feb 24	Oct 8, Nov 12, Dec 17, Jan 21, Feb 25	Oct 9, Nov 13, Dec 18, Jan 22, Feb 26
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Ham & Cheese Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Cinnamon Roll Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Salad Greens Garden Vegetable Soup	Orange Almond Salad Turkey Rice Soup	Chopped Salad Cream of Potato Soup	Tabbouleh Salad Tomato Bisque	Mediterranean Salad Southwestern Corn Soup	Caesar Salad Spiced Cauliflower Soup	Wedge Salad Clam Chowder
Shrimp & Grits Steamed Broccoli	Glazed Meatloaf Cheddar Mashed Potatoes Glazed Rosemary Carrots	Vegetable Pizza	Lemon Butter Baked Salmon Butternut Squash Risotto Green Beans Chicken Parmesan Sandwich	Chicken Enchiladas Black Beans & Rice Grilled Peppers	Tortellini with Artichokes & Tomatoes	Chicken Cacciatore Creamy Polenta Herbed Zucchini
BBQ Beef Sandwich	Grilled Cheese Sandwich	Tuna Melt Sandwich		Sloppy Joe	Grilled Chicken Sandwich	Turkey Reuben Sandwich
Sour Cream Pound Cake SF Pound Cake	Creamy Rice Pudding SF Banana Cake	Red Velvet Cake RS Red Velvet Cake	Strawberry Mousse SF Harvest Spice Cake	Churros RS Chocolate Chiffon Cheesecake	Italian Cream Cake SF Raspberry Mousse	Peach Melba NSA Peach Melba
Dinner <i>*After dinner snacks available daily.</i>						
Citrus Beet Salad Manhattan Clam Chowder	Spinach Mushroom Salad Cream of Broccoli Soup	Greek Salad Split Pea & Ham Soup	Lettuce & Tomato Salad Chicken Noodle Soup	Apple Cranberry Salad Cream of Carrot Soup	Bacon, Lettuce, & Tomato Salad Mediterranean Vegetable Soup	Tossed Garden Salad Mushroom Barley Soup
Baked Honey Ham Scalloped Potatoes Roasted Brussels Sprouts	Oven Fried Chicken Macaroni & Cheese Grilled Vegetables	Potato Pierogies with Kielbasa Caramelized Onions Sautéed Cabbage	Country Fried Steak with Cream Gravy Smashed Red Potatoes Corn O'brien	Pork Scallopini Buttered Noodles Sherried Mushrooms	Roasted Cod in Old Bay & Lemon Pepper Tomato Couscous Spinach Soufflé	Sirloin of Beef Au Jus Baked Potato & Sour Cream Steamed Broccoli
BBQ Beef Sandwich	Grilled Cheese Sandwich	Tuna Melt Sandwich	Chicken Parmesan Sandwich	Sloppy Joe	Grilled Chicken Sandwich	Turkey Reuben Sandwich
Cherry Crisp SF Pound Cake	Banana Bread SF Banana Cake	Mocha Bar RS Red Velvet Cake	Cinnamon Streusel Cake SF Harvest Spice Cake	Chocolate Cream Pie RS Chocolate Chiffon Cheesecake	Raspberry Jam Bar SF Raspberry Mousse	Pumpkin Spice Cake NSA Peach Melba

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Oct 10, Nov 14, Dec 19, Jan 23, Feb 27	Oct 11, Nov 15, Dec 20, Jan 24, Feb 28	Oct 12, Nov 16, Dec 21, Jan 25, Mar 1	Oct 13, Nov 17, Dec 22, Jan 26, Mar 2	Oct 14, Nov 18, Dec 23, Jan 27, Mar 3	Oct 15, Nov 19, Dec 24, Jan 28, Mar 4	Oct 16, Nov 20, Dec 25, Jan 29, Mar 5
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Biscuits Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Au Gratin Hash Browns Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Salad Greens Spiced Vegetable Soup Oven Fried Fish & Chips Cole Slaw Chili Dog on Bun Lemon Bar SF Lemon Cookie	Greek Salad Loaded Baked Potato Soup Mushroom Frittata Herbed Couscous Roasted Roma Tomatoes Hot Turkey Sandwich Brownie SF Brownie	Wedge Salad Cream of Tomato Soup Turkey Tetrazzini French Dip Sandwich Banana Cream Pie RS Banana Pudding	Tossed Garden Salad Cream of Cabbage Soup Beef Pot Pie Green Beans Almandine Chicken Salad Sandwich Carrot Cake RS Carrot Cake	Vegetable & Feta Salad Beef Barley Soup Crispy Chicken Tenders with Honey Mustard Sauce Baked Sweet Potato Fries Mango Slaw Bagel with Lox Cucumber Tomato Salad Chocolate Chip Cookie Bar SF Chocolate Chip Cookie	Citrus Beet Salad Broccoli Cheese Soup Bratwurst with Mustard & Sauerkraut with Onion Gravy Dumpling Spaetzle Chicken Caesar Sandwich Butterscotch Pudding RS Butterscotch Pudding	Chopped Salad White Bean Soup Marinated Chicken Kebabs with Tzatziki Sauce Herbed Rice Zucchini & Cherry Tomatoes Grilled Cheese & Tomato Caramel Sundae NSA Apple Crisp
Dinner <i>*After dinner snacks available daily.</i>						
Spinach Blue Cheese Salad Beef Noodle Soup Honey BBQ Chicken Macaroni & Cheese Grilled Vegetables Chili Dog on Bun German Chocolate Cake SF Lemon Cookie	Lettuce & Tomato Salad French Onion Soup Salisbury Steak Twice Baked Potato Parslied Cauliflower Hot Turkey Sandwich Cranberry Cake SF Brownie	Bacon, Lettuce, & Tomato Salad Vegetarian Chili Braised Chicken Wild Rice & Cranberry Salad Roasted Brussels Sprouts French Dip Sandwich Pecan Bar RS Banana Pudding	Spinach Parmesan Salad Lentil Soup Pork Schnitzel with Dill Applesauce Potato Pancakes Braised Red Cabbage Chicken Salad Sandwich Cheesecake RS Carrot Cake	Caesar Salad Minestrone Soup Meat Lasagna Sautéed Spinach Bagel with Lox Cucumber Tomato Salad Boston Cream Pie SF Chocolate Chip Cookie	Mediterranean Salad Chicken Tortilla Soup Bay Scallops in Lemon Butter Lemon Garlic Orzo Ratatouille Chicken Caesar Sandwich Blueberry Cake RS Butterscotch Pudding	Salad Greens Hungarian Mushroom Soup Beef Pot Roast Boiled Potatoes Parslied Carrots Grilled Cheese & Tomato Apple Crisp NSA Apple Crisp

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Oct 17, Nov 21, Dec 26, Jan 30, Mar 6	Oct 18, Nov 22, Dec 27, Jan 31, Mar 7	Oct 19, Nov 23, Dec 28, Feb 1, Mar 8	Oct 20, Nov 24, Dec 29, Feb 2, Mar 9	Oct 21, Nov 25, Dec 30, Feb 3, Mar 10	Oct 22, Nov 26, Dec 31, Feb 4, Mar 11	Oct 23, Nov 27, Jan 1, Feb 5, Mar 12
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Western Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Cinnamon Roll Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Wedge Salad Vegetable Beef Soup Grilled Salmon with Dill Butter Sauce Lentil & Roasted Red Pepper Salad Grilled Zucchini	Tossed Garden Salad Lemon Orzo Soup Broccoli Cheddar Quiche Herbed New Potatoes Sautéed Cherry Tomatoes	Chopped Salad Butternut Squash Soup Beef Stroganoff Buttered Noodles Sautéed Mushrooms	Tabbouleh Salad Cream of Cauliflower Soup Teriyaki Chicken Brown Rice Stir Fried Vegetables	Caesar Salad Cream of Chicken & Mushroom Soup Cheese Ravioli with Rose Sauce Italian Vegetable Medley Philly Cheesesteak	Lettuce & Tomato Salad Black Bean Soup Soft Beef Tacos with Salsa & Sour Cream Sautéed Peppers	Salad Greens Tomato Basil Soup Turkey & Dumplings Egg Salad Sandwich
Grilled Turkey & Cheese Sandwich	Patty Melt Plate	Grilled Chicken Sandwich	Tuna Salad Sandwich		BBQ Chicken Sandwich	
Frosted Yellow Cake RS Frosted Yellow Cake	Banana Cake NSA Root Beer Float	Homemade Ice Cream Sandwich NSA Ice Cream Pie	Raspberry Crumb Bar NSA Baked Pineapple	Tiramisu SF Cappuccino Mousse	Tres Leches Cake SF Pound Cake	Apple Pie NSA Cinnamon Streusel Cake
Dinner <i>*After dinner snacks available daily.</i>						
Spinach Salad with Egg Corn Chowder	Tomato & Goat Cheese Salad Potato Leek Soup	Salad Greens with Orange Cabbage & Smoked Ham Soup	Greek Salad Split Pea Soup	Cranberry Almond Salad Sweet Potato Bisque	Mediterranean Salad Minestrone Soup	Beet & Apple Salad Cream of Carrot Soup
Brown Sugar Glazed Ham Lyonnais Potatoes Roasted Butternut Squash	Rosemary Roast Chicken Barley Pilaf Creamed Spinach	Leg of Lamb with Gravy with Apple Mint Jelly Parmesan Risotto Sautéed Broccolini	Beef & Mushroom Stew Creamy Polenta	Roast Turkey & Gravy with Cranberry Sauce Cornbread Stuffing Green Bean Casserole	Parmesan Crusted Tilapia Crispy Potatoes Roasted Root Vegetables	Braised Pork Chop with Onion Gravy Butternut Squash & Apple Casserole Braised Greens
Grilled Turkey & Cheese Sandwich	Patty Melt Plate	Grilled Chicken Sandwich	Tuna Salad Sandwich	Philly Cheesesteak	BBQ Chicken Sandwich	Egg Salad Sandwich
Coconut Cream Pie RS Frosted Yellow Cake	Root Beer Float NSA Root Beer Float	Cherry Pie NSA Ice Cream Pie	Pineapple Upside Down Cake NSA Baked Pineapple	Frosted Pumpkin Bar SF Cappuccino Mousse	Lemon Pound Cake SF Pound Cake	Cinnamon Bread Pudding NSA Cinnamon Streusel Cake

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Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Ham & Cheese Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Biscuits Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Ham Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Tossed Garden Salad Cream of Celery Soup	Greek Salad Cheeseburger Soup	Chopped Salad Mushroom Bisque	Caesar Salad Cream of Broccoli Soup	Wedge Salad Carrot & Ginger Soup	Spinach Parmesan Salad Chicken Gumbo Soup	Lettuce & Tomato Salad Spiced Cauliflower Soup
Shepherd's Pie Green Beans	Roasted Vegetable Calzone with Sauce	BBQ Pulled Pork Baked Beans Cole Slaw	Tortellini Alfredo Parmesan Tomato	Chicken Chow Mein Steamed Rice	Pepperoni Pizza Side Salad	Chicken Cordon Bleu Roasted New Potatoes Sautéed Mushrooms
Hot Turkey Sandwich	Sloppy Joe	Chicken Parmesan Sandwich	Baked Fish Sandwich	Grilled Eggplant Sandwich	Roast Beef Horseradish Sandwich	Grilled Cheese Sandwich
Caramel Cheesecake RS Chocolate Mousse	Jelly Roll RS Frosted Cherry Cake	Peach Cobbler NSA Peach Melba	S'mores Bar SF Lemon Mousse	Coconut Cake SF Piña Colada Cake	Turtle Brownie SF Brownie	Baked Pineapple RS Vanilla Pudding
Dinner <i>*After dinner snacks available daily.</i>						
Spinach Mushroom Salad Italian Wedding Soup	Orange Cranberry Salad Kale & White Bean Soup	Citrus Beet Salad Chicken Noodle Soup	Tomato & Goat Cheese Salad Garden Vegetable Soup	Salad Greens Tomato Barley Soup	Almond Mandarin Orange Salad Beef Noodle Soup	Mediterranean Salad Tuscan Bean Soup
Shrimp Scampi Angel Hair Pasta with Garlic Herb Butter Steamed Broccoli	Oven Fried Chicken Sweet Potato Wedges Cauliflower Au Gratin	Red Wine Braised Beef Savory Stuffing Buttered Turnips	Belgian Waffle & Berries with Syrup Bacon	Corned Beef Boiled Potatoes Parslied Carrots Seasoned Cabbage	Baked Fish Cakes with Tartar Sauce Lemon Risotto Grilled Vegetables	Spaghetti & Meatballs Parmesan Roasted Broccoli
Hot Turkey Sandwich	Sloppy Joe	Chicken Parmesan Sandwich	Baked Fish Sandwich	Grilled Eggplant Sandwich	Roast Beef Horseradish Sandwich	Grilled Cheese Sandwich
Chocolate Mousse RS Chocolate Mousse	Black Forest Cake RS Frosted Cherry Cake	Hot Fudge Sundae NSA Peach Melba	Lemon Cream Parfait SF Lemon Mousse	Banana Split Dessert SF Piña Colada Cake	Angel Food Cake & Berries SF Brownie	Vanilla Cream Pie RS Vanilla Pudding