

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sept 26, Oct 31, Dec 5, Jan 9, Feb 13, Mar 20	Sept 27, Nov 1, Dec 6, Jan 10, Feb 14, Mar 21	Sept 28, Nov 2, Dec 7, Jan 11, Feb 15, Mar 22	Sept 29, Nov 3, Dec 8, Jan 12, Feb 16, Mar 23	Sept 30, Nov 4, Dec 9, Jan 13, Feb 17, Mar 24	Oct 1, Nov 5, Dec 10, Jan 14, Feb 18, Mar 25	Oct 2, Nov 6, Dec 11, Jan 15, Feb 19, Mar 26
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Western Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Au Gratin Hash Browns Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch						
*After lunch snacks available daily.						
Tossed Garden Salad Soup of the Day Tilapia with Basil Cream Tomato Rice Garlic & Herb Roasted Eggplant Sandwich of the Day Entrée Salad Your Way Cherries Jubilee SF Assorted Cookies	Tomato & Goat Cheese Salad Corn Chowder BBQ Pork Ribs Potato Salad Cole Slaw Sandwich of the Day Entrée Salad Your Way Ambrosia Salad Fruit Salad	Beet & Apple Salad Chicken Vegetable Soup Tuna Noodle Casserole Broccoli Spears Sandwich of the Day Entrée Salad Your Way Lemon Cream Pie SF Lemon Mousse	Bacon, Lettuce, & Tomato Salad Cream of Mushroom Soup Chicken & Dumplings Sandwich of the Day Entrée Salad Your Way Butter Cake RS Coconut Cream Pudding	Caesar Salad Soup of the Day Eggplant Rollatini Penne Pasta & Marinara Basil Zucchini Sauté Sandwich of the Day Entrée Salad Your Way Frosted Marble Cake RS Chocolate Frosted Yellow Cake	Greek Salad Lentil Soup Beef Chili Baked Potato with Broccoli & Cheese Sandwich of the Day Entrée Salad Your Way Blonde Brownie NSA Blonde Brownie	Cranberry Almond Salad French Onion Soup Turkey Pot Pie Roasted Carrots Sandwich of the Day Entrée Salad Your Way Baked Apples NSA Baked Apples
Dinner						
*After dinner snacks available daily.						
Tossed Garden Salad Soup of the Day Corned Beef Hash Cheesy Scrambled Eggs Sautéed Peppers Toast Sandwich of the Day Entrée Salad Your Way Assorted Cookies SF Assorted Cookies	Tomato & Goat Cheese Salad Corn Chowder Braised Chicken Mushroom Barley Risotto Spinach Casserole Sandwich of the Day Entrée Salad Your Way Honey Cake Fruit Salad	Beet & Apple Salad Chicken Vegetable Soup Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day SF Lemon Mousse	Bacon, Lettuce, & Tomato Salad Cream of Mushroom Soup Beef Goulash Peas & Carrots Sandwich of the Day Entrée Salad Your Way Coconut Macaroons RS Coconut Cream Pudding	Caesar Salad Soup of the Day Roast Turkey & Gravy with Cranberry Sauce Traditional Stuffing Green Beans Almandine Sandwich of the Day Entrée Salad Your Way Pecan Bar RS Chocolate Frosted Yellow Cake	Greek Salad Lentil Soup Catch of the Day Sandwich of the Day Entrée Salad Your Way Dessert of the Day NSA Blonde Brownie	Cranberry Almond Salad French Onion Soup Braised Beef Brisket Garlic Mashed Potatoes Creamed Spinach Sandwich of the Day Entrée Salad Your Way Chocolate Éclair Torte NSA Baked Apples

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 3, Nov 7, Dec 12, Jan 16, Feb 20	Oct 4, Nov 8, Dec 13, Jan 17, Feb 21	Oct 5, Nov 9, Dec 14, Jan 18, Feb 22	Oct 6, Nov 10, Dec 15, Jan 19, Feb 23	Oct 7, Nov 11, Dec 16, Jan 20, Feb 24	Oct 8, Nov 12, Dec 17, Jan 21, Feb 25	Oct 9, Nov 13, Dec 18, Jan 22, Feb 26
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Ham & Cheese Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Cinnamon Roll Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Salad Greens Soup of the Day	Spinach Mushroom Salad Turkey Rice Soup	Chopped Salad Cream of Broccoli Soup	Lettuce & Tomato Salad Chicken Noodle Soup	Apple Cranberry Salad Soup of the Day	Caesar Salad Spiced Cauliflower Soup	Wedge Salad Mushroom Barley Soup
Shrimp & Grits Steamed Broccoli	Glazed Meatloaf Cheddar Mashed Potatoes Glazed Rosemary Carrots	Potato Pierogies & Kielbasa with Sour Cream Caramelized Onions Sautéed Cabbage	Lemon Butter Baked Salmon Butternut Squash Risotto Green Beans	Turkey Tetrazzini Creamed Spinach	Tortellini with Artichokes & Tomatoes	Chicken Cacciatore Creamy Polenta Herbed Zucchini
Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way
Sour Cream Pound Cake SF Pound Cake	Creamy Rice Pudding SF Banana Cake	Red Velvet Cake RS Red Velvet Cake	Strawberry Mousse SF Harvest Spice Cake	Cinnamon Bread Pudding RS Chocolate Chiffon Cheesecake	Italian Cream Cake SF Raspberry Mousse	Peach Melba NSA Peach Melba
Dinner <i>*After dinner snacks available daily.</i>						
Salad Greens Soup of the Day	Spinach Mushroom Salad Turkey Rice Soup	Chopped Salad Cream of Broccoli Soup	Lettuce & Tomato Salad Chicken Noodle Soup	Apple Cranberry Salad Soup of the Day	Caesar Salad Spiced Cauliflower Soup	Wedge Salad Mushroom Barley Soup
Baked Honey Ham Scalloped Potatoes Roasted Brussels Sprouts	Oven Fried Chicken Macaroni & Cheese Grilled Vegetables	Chef's Special	Country Fried Steak with Cream Gravy Smashed Red Potatoes Corn O'brien	Herb Roasted Pork Tenderloin Maple Sweet Potatoes Roasted Beets	Catch of the Day	Sirloin of Beef Au Jus Baked Potato & Sour Cream Steamed Broccoli
Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way
Cherry Crisp SF Pound Cake	Banana Bread SF Banana Cake	Dessert of the Day RS Red Velvet Cake	Cinnamon Streusel Cake SF Harvest Spice Cake	Chocolate Cream Pie RS Chocolate Chiffon Cheesecake	Dessert of the Day SF Raspberry Mousse	Pumpkin Spice Cake NSA Peach Melba

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Oct 10, Nov 14, Dec 19, Jan 23, Feb 27	Oct 11, Nov 15, Dec 20, Jan 24, Feb 28	Oct 12, Nov 16, Dec 21, Jan 25, Mar 1	Oct 13, Nov 17, Dec 22, Jan 26, Mar 2	Oct 14, Nov 18, Dec 23, Jan 27, Mar 3	Oct 15, Nov 19, Dec 24, Jan 28, Mar 4	Oct 16, Nov 20, Dec 25, Jan 29, Mar 5
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Biscuits Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Au Gratin Hash Browns Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Salad Greens Soup of the Day Oven Fried Fish & Chips Cole Slaw Sandwich of the Day Entrée Salad Your Way Lemon Bar SF Lemon Cookie	Greek Salad Loaded Baked Potato Soup Mushroom Frittata Herbed Couscous Roasted Roma Tomatoes Sandwich of the Day Entrée Salad Your Way Brownie SF Brownie	Bacon, Lettuce, & Tomato Salad Succotash Soup Jambalaya Stewed Okra Sandwich of the Day Entrée Salad Your Way Banana Cream Pie RS Banana Pudding	Tossed Garden Salad Borscht Soup Beef Pot Pie Green Beans Almandine Sandwich of the Day Entrée Salad Your Way Carrot Cake RS Carrot Cake	Caesar Salad Soup of the Day Crispy Chicken Tenders with Honey Mustard Sauce Baked Sweet Potato Fries Mango Slaw Sandwich of the Day Entrée Salad Your Way Chocolate Chip Cookie Bar SF Chocolate Chip Cookie	Mediterranean Salad Chicken Tortilla Soup Grilled Bratwurst with Mustard on Bun Sauerkraut Sandwich of the Day Entrée Salad Your Way Butterscotch Pudding RS Butterscotch Pudding	Chopped Salad Hungarian Mushroom Soup Marinated Chicken Kebabs with Tzatziki Sauce Herbed Rice Zucchini & Cherry Tomatoes Sandwich of the Day Entrée Salad Your Way Caramel Sundae NSA Apple Crisp
Dinner <i>*After dinner snacks available daily.</i>						
Salad Greens Soup of the Day Honey BBQ Chicken Macaroni & Cheese Grilled Vegetables Sandwich of the Day Entrée Salad Your Way German Chocolate Cake SF Lemon Cookie	Greek Salad Loaded Baked Potato Soup Salisbury Steak Twice Baked Potato Parslied Cauliflower Sandwich of the Day Entrée Salad Your Way Cranberry Cake SF Brownie	Bacon, Lettuce, & Tomato Salad Succotash Soup Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day RS Banana Pudding	Tossed Garden Salad Borscht Soup Pork Schnitzel with Dill Applesauce Potato Pancakes Braised Red Cabbage Sandwich of the Day Entrée Salad Your Way Cheesecake RS Carrot Cake	Caesar Salad Soup of the Day Meat Lasagna Sautéed Spinach Sandwich of the Day Entrée Salad Your Way Boston Cream Pie SF Chocolate Chip Cookie	Mediterranean Salad Chicken Tortilla Soup Catch of the Day Sandwich of the Day Entrée Salad Your Way Dessert of the Day RS Butterscotch Pudding	Chopped Salad Hungarian Mushroom Soup Beef Pot Roast Boiled Potatoes Parslied Carrots Sandwich of the Day Entrée Salad Your Way Apple Crisp NSA Apple Crisp

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 17, Nov 21, Dec 26, Jan 30, Mar 6	Oct 18, Nov 22, Dec 27, Jan 31, Mar 7	Oct 19, Nov 23, Dec 28, Feb 1, Mar 8	Oct 20, Nov 24, Dec 29, Feb 2, Mar 9	Oct 21, Nov 25, Dec 30, Feb 3, Mar 10	Oct 22, Nov 26, Dec 31, Feb 4, Mar 11	Oct 23, Nov 27, Jan 1, Feb 5, Mar 12
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Western Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Cinnamon Roll Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <small>*After lunch snacks available daily.</small>						
Spinach Salad with Egg Soup of the Day Grilled Salmon with Dill Butter Sauce Lentil & Roasted Red Pepper Salad Grilled Zucchini Sandwich of the Day Entrée Salad Your Way Frosted Yellow Cake RS Frosted Yellow Cake	Tomato & Goat Cheese Salad Potato Leek Soup Loaded Baked Potato Sandwich of the Day Entrée Salad Your Way Banana Cake NSA Root Beer Float	Salad Greens with Orange Butternut Squash Soup Beef Stroganoff Buttered Noodles Seasoned Peas Sandwich of the Day Entrée Salad Your Way Homemade Ice Cream Sandwich NSA Ice Cream Pie	Greek Salad Cream of Cauliflower Soup Teriyaki Chicken Brown Rice Stir Fried Vegetables Sandwich of the Day Entrée Salad Your Way Raspberry Crumb Bar NSA Baked Pineapple	Cranberry Almond Salad Soup of the Day Cheese Ravioli with Rose Sauce Italian Vegetable Medley Sandwich of the Day Entrée Salad Your Way Tiramisu SF Cappuccino Mousse	Lettuce & Tomato Salad Lima Bean Soup Calves Liver with Onions & Bacon Mashed Potatoes Sautéed Mushrooms Sandwich of the Day Entrée Salad Your Way Tres Leches Cake SF Pound Cake	Beet & Apple Salad Cream of Carrot Soup Turkey & Dumplings Sandwich of the Day Entrée Salad Your Way Apple Pie NSA Cinnamon Streusel Cake
Dinner <small>*After dinner snacks available daily.</small>						
Spinach Salad with Egg Soup of the Day Brown Sugar Glazed Ham Lyonnaise Potatoes Roasted Butternut Squash Sandwich of the Day Entrée Salad Your Way Coconut Cream Pie RS Frosted Yellow Cake	Tomato & Goat Cheese Salad Potato Leek Soup Rosemary Roast Chicken Barley Pilaf Creamed Spinach Sandwich of the Day Entrée Salad Your Way Root Beer Float NSA Root Beer Float	Salad Greens with Orange Butternut Squash Soup Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day NSA Ice Cream Pie	Greek Salad Cream of Cauliflower Soup Beef & Mushroom Stew Creamy Polenta Sandwich of the Day Entrée Salad Your Way Pineapple Upside Down Cake NSA Baked Pineapple	Cranberry Almond Salad Soup of the Day Roast Turkey & Gravy with Cranberry Sauce Cornbread Stuffing Green Bean Casserole Sandwich of the Day Entrée Salad Your Way Frosted Pumpkin Bar SF Cappuccino Mousse	Lettuce & Tomato Salad Lima Bean Soup Catch of the Day Sandwich of the Day Entrée Salad Your Way Dessert of the Day SF Pound Cake	Beet & Apple Salad Cream of Carrot Soup Braised Pork Chop with Onion Gravy Butternut Squash & Apple Casserole Braised Greens Sandwich of the Day Entrée Salad Your Way Cinnamon Bread Pudding NSA Cinnamon Streusel Cake

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 24, Nov 28, Jan 2, Feb 6, Mar 13	Oct 25, Nov 29, Jan 3, Feb 7, Mar 14	Oct 26, Nov 30, Jan 4, Feb 8, Mar 15	Oct 27, Dec 1, Jan 5, Feb 9, Mar 16	Oct 28, Dec 2, Jan 6, Feb 10, Mar 17	Oct 29, Dec 3, Jan 7, Feb 11, Mar 18	Oct 30, Dec 4, Jan 8, Feb 12, Mar 19
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Ham & Cheese Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Biscuits Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Ham Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Tossed Garden Salad Soup of the Day Shepherd's Pie Green Beans Sandwich of the Day Entrée Salad Your Way Caramel Cheesecake RS Chocolate Mousse	Caesar Salad Cheeseburger Soup BBQ Pulled Pork Baked Beans Cole Slaw Sandwich of the Day Entrée Salad Your Way Jelly Roll RS Frosted Cherry Cake	Chopped Salad Chicken Noodle Soup Stuffed Cabbage Mashed Potatoes Seasoned Peas Sandwich of the Day Entrée Salad Your Way Peach Cobbler NSA Peach Melba	Greek Salad Italian Wedding Soup Chicken Cordon Bleu Roasted New Potatoes Sautéed Spinach Sandwich of the Day Entrée Salad Your Way S'mores Bar SF Lemon Mousse	Wedge Salad Soup of the Day Baked Fish Cakes with Tartar Sauce Lemon Risotto Grilled Vegetables Sandwich of the Day Entrée Salad Your Way Coconut Cake SF Piña Colada Cake	Mediterranean Salad Chicken Gumbo Soup Pepperoni Pizza Side Salad Sandwich of the Day Entrée Salad Your Way Turtle Brownie SF Brownie	Spinach Parmesan Salad Tuscan Bean Soup Chicken Chow Mein Steamed Rice Sandwich of the Day Entrée Salad Your Way Baked Pineapple RS Vanilla Pudding
Dinner <i>*After dinner snacks available daily.</i>						
Tossed Garden Salad Soup of the Day Shrimp Scampi Angel Hair Pasta with Garlic Herb Butter Steamed Broccoli Sandwich of the Day Entrée Salad Your Way Chocolate Mousse RS Chocolate Mousse	Caesar Salad Cheeseburger Soup Oven Fried Chicken Sweet Potato Wedges Cauliflower Au Gratin Sandwich of the Day Entrée Salad Your Way Black Forest Cake RS Frosted Cherry Cake	Chopped Salad Chicken Noodle Soup Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day NSA Peach Melba	Greek Salad Italian Wedding Soup Belgian Waffle & Berries with Syrup Bacon Sandwich of the Day Entrée Salad Your Way Lemon Cream Parfait SF Lemon Mousse	Wedge Salad Soup of the Day Corned Beef Boiled Potatoes Parslied Carrots Seasoned Cabbage Sandwich of the Day Entrée Salad Your Way Banana Split Dessert SF Piña Colada Cake	Mediterranean Salad Chicken Gumbo Soup Catch of the Day Sandwich of the Day Entrée Salad Your Way Dessert of the Day SF Brownie	Spinach Parmesan Salad Tuscan Bean Soup Spaghetti & Meatballs Parmesan Roasted Broccoli Sandwich of the Day Entrée Salad Your Way Vanilla Cream Pie RS Vanilla Pudding