

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sept 26, Oct 31, Dec 5, Jan 9, Feb 13, Mar 20	Sept 27, Nov 1, Dec 6, Jan 10, Feb 14, Mar 21	Sept 28, Nov 2, Dec 7, Jan 11, Feb 15, Mar 22	Sept 29, Nov 3, Dec 8, Jan 12, Feb 16, Mar 23	Sept 30, Nov 4, Dec 9, Jan 13, Feb 17, Mar 24	Oct 1, Nov 5, Dec 10, Jan 14, Feb 18, Mar 25	Oct 2, Nov 6, Dec 11, Jan 15, Feb 19, Mar 26
<b>Breakfast</b>						
<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Western Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Au Gratin Hash Browns</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Cheese Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Scrambled Egg Casserole</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
<b>Lunch</b> <i>*After lunch snacks available daily.</i>						
<b>Tossed Garden Salad</b> ♥ <b>Cream of Tomato Soup</b>  <b>Tilapia with Basil Cream</b> Tomato Rice Garlic & Herb Roasted Eggplant ♥ <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Cherries Jubilee</b> <b>SF Assorted Cookies</b>	<b>Tomato &amp; Goat Cheese Salad</b> <b>Corn Chowder</b> ♥  <b>Quiche Lorraine</b> Couscous Cucumber Salad ♥ Side Salad  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Ambrosia Salad</b> <b>Fruit Salad</b>	<b>Beet &amp; Apple Salad</b> <b>Chicken Vegetable Soup</b> ♥  <b>Tuna Noodle Casserole</b> Broccoli Spears ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Lemon Cream Pie</b> <b>SF Lemon Mousse</b>	<b>Bacon, Lettuce, &amp; Tomato Salad</b> <b>Black Bean Soup</b>  <b>Grilled Chicken Feta Flatbread</b> <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Tres Leches Cake</b> <b>RS Coconut Cream Pudding</b>	<b>Caesar Salad</b> <b>Minestrone Soup</b> ♥  <b>Eggplant Rollatini</b> Penne Pasta & Marinara ♥ Basil Zucchini Sauté ♥ <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Frosted Marble Cake</b> <b>RS Chocolate Frosted Yellow Cake</b>	<b>Greek Salad</b> <b>Egg Drop Soup</b> ♥  <b>Beef &amp; Broccoli Stir Fry</b> Fried Rice ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Blonde Brownie</b> <b>NSA Blonde Brownie</b>	<b>Cranberry Almond Salad</b> <b>Sweet Potato Bisque</b> ♥  <b>Turkey Pot Pie</b> Roasted Carrots ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Baked Apples</b> <b>NSA Baked Apples</b>
<b>Dinner</b> <i>*After dinner snacks available daily.</i>						
<b>Tossed Garden Salad</b> ♥ <b>Soup of the Day</b>  <b>Corned Beef Hash</b> Cheesy Scrambled Eggs Sautéed Peppers ♥ Toast  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Assorted Cookies</b> <b>SF Assorted Cookies</b>	<b>Tomato &amp; Goat Cheese Salad</b> <b>Matzo Ball Soup</b> ♥  <b>Apple Glazed Chicken</b> ♥ Potato Latkes ♥ Sautéed Spinach ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Honey Cake</b> <b>Fruit Salad</b>	<b>Beet &amp; Apple Salad</b> <b>Baked Potato Soup</b> ♥  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Dessert of the Day</b> <b>SF Lemon Mousse</b>	<b>Bacon, Lettuce, &amp; Tomato Salad</b> <b>Cream of Mushroom Soup</b> ♥  <b>Beef Goulash</b> Peas & Carrots ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Coconut Macaroons</b> <b>RS Coconut Cream Pudding</b>	<b>Caesar Salad</b> <b>Soup of the Day</b>  <b>Roast Turkey &amp; Gravy with Cranberry Sauce</b> ♥ Traditional Stuffing Green Beans Almandine ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Pecan Bar</b> <b>RS Chocolate Frosted Yellow Cake</b>	<b>Greek Salad</b> <b>Lentil Soup</b> ♥  <b>Catch of the Day</b>  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Dessert of the Day</b> <b>NSA Blonde Brownie</b>	<b>Cranberry Almond Salad</b> <b>French Onion Soup</b>  <b>Braised Beef Brisket</b> Garlic Mashed Potatoes ♥ Creamed Spinach ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Chocolate Éclair Torte</b> <b>NSA Baked Apples</b>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 3, Nov 7, Dec 12, Jan 16, Feb 20	Oct 4, Nov 8, Dec 13, Jan 17, Feb 21	Oct 5, Nov 9, Dec 14, Jan 18, Feb 22	Oct 6, Nov 10, Dec 15, Jan 19, Feb 23	Oct 7, Nov 11, Dec 16, Jan 20, Feb 24	Oct 8, Nov 12, Dec 17, Jan 21, Feb 25	Oct 9, Nov 13, Dec 18, Jan 22, Feb 26
<b>Breakfast</b>						
<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Ham &amp; Cheese Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Cinnamon Roll</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Cheese Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Scrambled Egg Casserole</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
<b>Lunch</b> <i>*After lunch snacks available daily.</i>						
<b>Salad Greens</b> ♥ <b>Garden Vegetable Soup</b> ♥	<b>Spinach Mushroom Salad</b> ♥ <b>Turkey Rice Soup</b> ♥	<b>Chopped Salad</b> <b>Cream of Broccoli Soup</b> ♥	<b>Lettuce &amp; Tomato Salad</b> ♥ <b>Tomato Bisque</b> ♥	<b>Apple Cranberry Salad</b> <b>Southwestern Corn Soup</b>	<b>Caesar Salad</b> <b>Spiced Cauliflower Soup</b> ♥	<b>Wedge Salad</b> <b>Clam Chowder</b>
<b>Shrimp &amp; Grits</b> Steamed Broccoli ♥	<b>Glazed Meatloaf</b> ♥ Cheddar Mashed Potatoes ♥ Glazed Rosemary Carrots ♥	<b>Potato Pierogies &amp; Kielbasa with Sour Cream</b> Caramelized Onions ♥ Sautéed Cabbage ♥	<b>Lemon Butter Baked Salmon</b> ♥ Butternut Squash Risotto ♥ Green Beans ♥	<b>Chicken Enchiladas</b> Black Beans & Rice ♥ Grilled Peppers ♥	<b>Tortellini with Artichokes &amp; Tomatoes</b>	<b>Chicken Cacciatore</b> Creamy Polenta ♥ Herbed Zucchini ♥
<b>Sandwich of the Day</b> Entrée Salad Your Way	<b>Sandwich of the Day</b> Entrée Salad Your Way	<b>Sandwich of the Day</b> Entrée Salad Your Way	<b>Sandwich of the Day</b> Entrée Salad Your Way	<b>Sandwich of the Day</b> Entrée Salad Your Way	<b>Sandwich of the Day</b> Entrée Salad Your Way	<b>Sandwich of the Day</b> Entrée Salad Your Way
<b>Sour Cream Pound Cake</b> SF Pound Cake	<b>Creamy Rice Pudding</b> SF Banana Cake	<b>Red Velvet Cake</b> RS Red Velvet Cake	<b>Strawberry Mousse</b> SF Harvest Spice Cake	<b>Churros</b> RS Chocolate Chiffon Cheesecake	<b>Italian Cream Cake</b> SF Raspberry Mousse	<b>Peach Melba</b> NSA Peach Melba
<b>Dinner</b> <i>*After dinner snacks available daily.</i>						
<b>Salad Greens</b> ♥ <b>Soup of the Day</b>	<b>Spinach Mushroom Salad</b> ♥ <b>Cream of Potato Soup</b> ♥	<b>Chopped Salad</b> <b>Split Pea &amp; Ham Soup</b>	<b>Lettuce &amp; Tomato Salad</b> ♥ <b>Chicken Noodle Soup</b> ♥	<b>Apple Cranberry Salad</b> <b>Soup of the Day</b>	<b>Caesar Salad</b> <b>Butternut Squash Soup</b> ♥	<b>Wedge Salad</b> <b>Mushroom Barley Soup</b> ♥
<b>Baked Honey Ham</b> Scalloped Potatoes ♥ Roasted Brussels Sprouts ♥	<b>Oven Fried Chicken</b> Macaroni & Cheese Grilled Vegetables ♥	<b>Chef's Special</b>	<b>Country Fried Steak with Cream Gravy</b> Smashed Red Potatoes ♥ Corn O'brien ♥	<b>Pork Scallopini</b> Buttered Noodles ♥ Spinach & Mushrooms ♥	<b>Catch of the Day</b>	<b>Sirloin of Beef Au Jus</b> ♥ Baked Potato & Sour Cream ♥ Steamed Broccoli ♥
<b>Sandwich of the Day</b> Entrée Salad Your Way	<b>Sandwich of the Day</b> Entrée Salad Your Way	<b>Sandwich of the Day</b> Entrée Salad Your Way	<b>Sandwich of the Day</b> Entrée Salad Your Way	<b>Sandwich of the Day</b> Entrée Salad Your Way	<b>Sandwich of the Day</b> Entrée Salad Your Way	<b>Sandwich of the Day</b> Entrée Salad Your Way
<b>Cherry Crisp</b> SF Pound Cake	<b>Banana Bread</b> SF Banana Cake	<b>Dessert of the Day</b> RS Red Velvet Cake	<b>Cinnamon Streusel Cake</b> SF Harvest Spice Cake	<b>Chocolate Cream Pie</b> RS Chocolate Chiffon Cheesecake	<b>Dessert of the Day</b> SF Raspberry Mousse	<b>Pumpkin Spice Cake</b> NSA Peach Melba

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 10, Nov 14, Dec 19, Jan 23, Feb 27	Oct 11, Nov 15, Dec 20, Jan 24, Feb 28	Oct 12, Nov 16, Dec 21, Jan 25, Mar 1	Oct 13, Nov 17, Dec 22, Jan 26, Mar 2	Oct 14, Nov 18, Dec 23, Jan 27, Mar 3	Oct 15, Nov 19, Dec 24, Jan 28, Mar 4	Oct 16, Nov 20, Dec 25, Jan 29, Mar 5
<b>Breakfast</b>						
<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Biscuits</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Cheese Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Au Gratin Hash Browns</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
<b>Lunch</b> <i>*After lunch snacks available daily.</i>						
<b>Salad Greens ♥</b> <b>Spiced Vegetable Soup ♥</b>  <b>Oven Fried Fish &amp; Chips</b> Cole Slaw  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Lemon Bar</b> <b>SF Lemon Cookie</b>	<b>Greek Salad</b> <b>Loaded Baked Potato Soup ♥</b>  <b>Mushroom Frittata</b> Herbed Couscous ♥ Roasted Roma Tomatoes ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Brownie</b> <b>SF Brownie</b>	<b>Bacon, Lettuce, &amp; Tomato Salad</b> <b>Succotash Soup ♥</b>  <b>Jambalaya</b> Stewed Okra ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Banana Cream Pie</b> <b>RS Banana Pudding</b>	<b>Tossed Garden Salad ♥</b> <b>Cream of Cabbage Soup ♥</b>  <b>Beef Pot Pie</b> Green Beans Almandine ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Carrot Cake</b> <b>RS Carrot Cake</b>	<b>Caesar Salad</b> <b>Beef Barley Soup ♥</b>  <b>Crispy Chicken Tenders with Honey Mustard Sauce</b> Baked Sweet Potato Fries Mango Slaw ♥ <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Chocolate Chip Cookie Bar</b> <b>SF Chocolate Chip Cookie</b>	<b>Mediterranean Salad</b> <b>Broccoli Cheese Soup</b>  <b>Bratwurst with Mustard &amp; Sauerkraut with Onion Gravy</b> Spaetzle  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Butterscotch Pudding</b> <b>RS Butterscotch Pudding</b>	<b>Chopped Salad</b> <b>White Bean Soup</b>  <b>Marinated Chicken Kebabs with Tzatziki Sauce ♥</b> Herbed Rice ♥ Zucchini & Cherry Tomatoes <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Caramel Sundae</b> <b>NSA Apple Crisp</b>
<b>Dinner</b> <i>*After dinner snacks available daily.</i>						
<b>Salad Greens ♥</b> <b>Soup of the Day</b>  <b>Honey BBQ Chicken</b> Macaroni & Cheese Grilled Vegetables ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>German Chocolate Cake</b> <b>SF Lemon Cookie</b>	<b>Greek Salad</b> <b>French Onion Soup</b>  <b>Salisbury Steak</b> Twice Baked Potato Parslied Cauliflower ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Cranberry Cake</b> <b>SF Brownie</b>	<b>Bacon, Lettuce, &amp; Tomato Salad</b> <b>Vegetarian Chili</b>  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Dessert of the Day</b> <b>RS Banana Pudding</b>	<b>Tossed Garden Salad ♥</b> <b>Lentil Soup ♥</b>  <b>Pork Schnitzel with Dill Applesauce ♥</b> Potato Pancakes ♥ Braised Red Cabbage ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Cheesecake</b> <b>RS Carrot Cake</b>	<b>Caesar Salad</b> <b>Soup of the Day</b>  <b>Meat Lasagna</b> Sautéed Spinach ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Boston Cream Pie</b> <b>SF Chocolate Chip Cookie</b>	<b>Mediterranean Salad</b> <b>Chicken Tortilla Soup</b>  <b>Catch of the Day</b>  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Dessert of the Day</b> <b>RS Butterscotch Pudding</b>	<b>Chopped Salad</b> <b>Hungarian Mushroom Soup ♥</b>  <b>Beef Pot Roast</b> Boiled Potatoes ♥ Parslied Carrots ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Apple Crisp</b> <b>NSA Apple Crisp</b>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 17, Nov 21, Dec 26, Jan 30, Mar 6	Oct 18, Nov 22, Dec 27, Jan 31, Mar 7	Oct 19, Nov 23, Dec 28, Feb 1, Mar 8	Oct 20, Nov 24, Dec 29, Feb 2, Mar 9	Oct 21, Nov 25, Dec 30, Feb 3, Mar 10	Oct 22, Nov 26, Dec 31, Feb 4, Mar 11	Oct 23, Nov 27, Jan 1, Feb 5, Mar 12
<b>Breakfast</b>						
<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Western Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Cinnamon Roll</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Cheese Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Scrambled Egg Casserole</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
<b>Lunch</b> *After lunch snacks available daily.						
<b>Spinach Salad with Egg Vegetable Beef Soup ♥</b>  <b>Grilled Salmon with Dill Butter Sauce</b> Lentil & Roasted Red Pepper Salad ♥ Grilled Zucchini ♥ <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Frosted Yellow Cake</b> RS Frosted Yellow Cake	<b>Tomato &amp; Goat Cheese Salad</b> <b>Lemon Orzo Soup ♥</b>  <b>Broccoli Cheddar Quiche</b> Herbed New Potatoes ♥ Sautéed Cherry Tomatoes ♥ <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Banana Cake</b> NSA Root Beer Float	<b>Salad Greens with Orange Butternut Squash Soup ♥</b>  <b>Beef Stroganoff ♥</b> Buttered Noodles ♥ Sautéed Mushrooms ♥ <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Homemade Ice Cream Sandwich</b> NSA Ice Cream Pie	<b>Greek Salad</b> <b>Cream of Cauliflower Soup ♥</b>  <b>Teriyaki Chicken</b> Brown Rice ♥ Stir Fried Vegetables <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Raspberry Crumb Bar</b> NSA Baked Pineapple	<b>Cranberry Almond Salad</b> <b>Cream of Chicken &amp; Mushroom Soup ♥</b>  <b>Cheese Ravioli with Rose Sauce</b> Italian Vegetable Medley ♥ <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Tiramisu</b> SF Cappuccino Mousse	<b>Lettuce &amp; Tomato Salad ♥</b> <b>Black Bean Soup</b>  <b>Soft Beef Tacos with Salsa &amp; Sour Cream</b> Sautéed Peppers ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Tres Leches Cake</b> SF Pound Cake	<b>Beet &amp; Apple Salad</b> <b>Tomato Basil Soup ♥</b>  <b>Turkey &amp; Dumplings</b>  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Apple Pie</b> NSA Cinnamon Streusel Cake
<b>Dinner</b> *After dinner snacks available daily.						
<b>Spinach Salad with Egg Soup of the Day</b>  <b>Brown Sugar Glazed Ham</b> Lyonnaise Potatoes ♥ Roasted Butternut Squash ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Coconut Cream Pie</b> RS Frosted Yellow Cake	<b>Tomato &amp; Goat Cheese Salad</b> <b>Potato Leek Soup ♥</b>  <b>Rosemary Roast Chicken</b> Barley Pilaf ♥ Creamed Spinach ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Root Beer Float</b> NSA Root Beer Float	<b>Salad Greens with Orange Cabbage &amp; Smoked Ham Soup</b>  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Dessert of the Day</b> NSA Ice Cream Pie	<b>Greek Salad</b> <b>Split Pea Soup ♥</b>  <b>Beef &amp; Mushroom Stew</b> Creamy Polenta ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Pineapple Upside Down Cake</b> NSA Baked Pineapple	<b>Cranberry Almond Salad</b> <b>Soup of the Day</b>  <b>Roast Turkey &amp; Gravy ♥</b> <b>with Cranberry Sauce ♥</b> Cornbread Stuffing Green Bean Casserole ♥  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Frosted Pumpkin Bar</b> SF Cappuccino Mousse	<b>Lettuce &amp; Tomato Salad ♥</b> <b>Minestrone Soup ♥</b>  <b>Catch of the Day</b>  <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Dessert of the Day</b> SF Pound Cake	<b>Beet &amp; Apple Salad</b> <b>Cream of Carrot Soup ♥</b>  <b>Braised Pork Chop with Onion Gravy</b> Butternut Squash & Apple Casserole Braised Greens ♥ <b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>  <b>Cinnamon Bread Pudding</b> NSA Cinnamon Streusel Cake

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 24, Nov 28, Jan 2, Feb 6, Mar 13	Oct 25, Nov 29, Jan 3, Feb 7, Mar 14	Oct 26, Nov 30, Jan 4, Feb 8, Mar 15	Oct 27, Dec 1, Jan 5, Feb 9, Mar 16	Oct 28, Dec 2, Jan 6, Feb 10, Mar 17	Oct 29, Dec 3, Jan 7, Feb 11, Mar 18	Oct 30, Dec 4, Jan 8, Feb 12, Mar 19
<b>Breakfast</b>						
<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Ham &amp; Cheese Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Biscuits</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Ham Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Scrambled Egg Casserole</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
<b>Lunch</b> <small>*After lunch snacks available daily.</small>						
<b>Tossed Garden Salad ♥</b> <b>Cream of Celery Soup ♥</b>	<b>Caesar Salad</b> <b>Cheeseburger Soup</b>	<b>Chopped Salad</b> <b>Mushroom Bisque</b>	<b>Greek Salad</b> <b>Italian Wedding Soup ♥</b>	<b>Wedge Salad</b> <b>Spiced Cauliflower Soup ♥</b>	<b>Mediterranean Salad</b> <b>Chicken Gumbo Soup ♥</b>	<b>Spinach Parmesan Salad</b> <b>Carrot &amp; Ginger Soup ♥</b>
<b>Shepherd's Pie</b> Green Beans ♥	<b>Roasted Vegetable</b> <b>Calzone with Sauce</b>	<b>BBQ Pulled Pork</b> Baked Beans Cole Slaw	<b>Chicken Cordon Bleu</b> Roasted New Potatoes ♥ Sautéed Spinach ♥	<b>Baked Fish Cakes</b> <b>with Tartar Sauce</b> Lemon Risotto ♥ Grilled Vegetables ♥	<b>Pepperoni Pizza</b> Side Salad	<b>Chicken Chow Mein</b> Steamed Rice ♥
<b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>	<b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>	<b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>	<b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>	<b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>	<b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>	<b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>
<b>Caramel Cheesecake</b> <b>RS Chocolate Mousse</b>	<b>Jelly Roll</b> <b>RS Frosted Cherry Cake</b>	<b>Peach Cobbler</b> <b>NSA Peach Melba</b>	<b>S'mores Bar</b> <b>SF Lemon Mousse</b>	<b>Coconut Cake</b> <b>SF Piña Colada Cake</b>	<b>Turtle Brownie</b> <b>SF Brownie</b>	<b>Baked Pineapple</b> <b>RS Vanilla Pudding</b>
<b>Dinner</b> <small>*After dinner snacks available daily.</small>						
<b>Tossed Garden Salad ♥</b> <b>Soup of the Day</b>	<b>Caesar Salad</b> <b>Kale &amp; White Bean Soup</b>	<b>Chopped Salad</b> <b>Chicken Noodle Soup ♥</b>	<b>Greek Salad</b> <b>Garden Vegetable Soup ♥</b>	<b>Wedge Salad</b> <b>Soup of the Day</b>	<b>Mediterranean Salad</b> <b>Beef Noodle Soup ♥</b>	<b>Spinach Parmesan Salad</b> <b>Tuscan Bean Soup</b>
<b>Shrimp Scampi</b> Angel Hair Pasta with Garlic Herb Butter ♥ Steamed Broccoli ♥	<b>Oven Fried Chicken</b> Sweet Potato Wedges ♥ Cauliflower Au Gratin	<b>Chef's Special</b>	<b>Belgian Waffle &amp; Berries</b> <b>with Syrup</b> Bacon	<b>Corned Beef</b> Boiled Potatoes ♥ Parslied Carrots ♥ Seasoned Cabbage ♥	<b>Catch of the Day</b>	<b>Spaghetti &amp; Meatballs</b> Parmesan Roasted Broccoli ♥
<b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>	<b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>	<b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>	<b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>	<b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>	<b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>	<b>Sandwich of the Day</b> <b>Entrée Salad Your Way</b>
<b>Chocolate Mousse</b> <b>RS Chocolate Mousse</b>	<b>Black Forest Cake</b> <b>RS Frosted Cherry Cake</b>	<b>Dessert of the Day</b> <b>NSA Peach Melba</b>	<b>Lemon Cream Parfait</b> <b>SF Lemon Mousse</b>	<b>Banana Split Dessert</b> <b>SF Piña Colada Cake</b>	<b>Dessert of the Day</b> <b>SF Brownie</b>	<b>Vanilla Cream Pie</b> <b>RS Vanilla Pudding</b>