

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Sept 26, Oct 31, Dec 5, Jan 9, Feb 13, Mar 20		Sept 27, Nov 1, Dec 6, Jan 10, Feb 14, Mar 21		Sept 28, Nov 2, Dec 7, Jan 11, Feb 15, Mar 22		Sept 29, Nov 3, Dec 8, Jan 12, Feb 16, Mar 23		Sept 30, Nov 4, Dec 9, Jan 13, Feb 17, Mar 24		Oct 1, Nov 5, Dec 10, Jan 14, Feb 18, Mar 25		Oct 2, Nov 6, Dec 11, Jan 15, Feb 19, Mar 26	
Breakfast													
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal		Western Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal		Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal		Au Gratin Hash Browns Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal		Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal		French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal		Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	
Lunch <i>*After lunch snacks available daily.</i>													
Tossed Garden Salad Cream of Tomato Soup Tilapia with Basil Cream Tomato Rice Garlic & Herb Roasted Eggplant Sandwich of the Day Entrée Salad Your Way Cherries Jubilee NSA/RS Dessert of Choice		Chopped Salad Corn Chowder Quiche Lorraine Couscous Cucumber Salad Side Salad Sandwich of the Day Entrée Salad Your Way Ambrosia Salad Fruit Salad		Wedge Salad Egg Drop Soup Beef & Broccoli Stir Fry Fried Rice Sandwich of the Day Entrée Salad Your Way Peanut Butter Bar SF Lemon Mousse		Spinach Salad with Egg Black Bean Soup Grilled Chicken Feta Flatbread Sandwich of the Day Entrée Salad Your Way Tres Leches Cake RS Coconut Cream Pudding		Caesar Salad Minestrone Soup Eggplant Rollatini Penne Pasta & Marinara Basil Zucchini Sauté Sandwich of the Day Entrée Salad Your Way Frosted Marble Cake RS Chocolate Frosted Yellow Cake		Greek Salad Lentil Soup Loaded Baked Potato Sandwich of the Day Entrée Salad Your Way Blonde Brownie NSA Blonde Brownie		Cranberry Almond Salad Sweet Potato Bisque Turkey Pot Pie Roasted Carrots Sandwich of the Day Entrée Salad Your Way Baked Apples NSA Baked Apples	
Dinner <i>*After dinner snacks available daily.</i>													
Tossed Garden Salad Soup of the Day Beef Goulash Peas & Carrots Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day NSA/RS Dessert of Choice		Chopped Salad Matzo Ball Soup Apple Glazed Chicken Potato Latkes Sautéed Spinach Chef's Special Sandwich of the Day Entrée Salad Your Way Honey Cake Fruit Salad		Wedge Salad Chicken Vegetable Soup Tuna Noodle Casserole Broccoli Spears Chef's Special Sandwich of the Day Entrée Salad Your Way Lemon Cream Pie SF Lemon Mousse		Spinach Salad with Egg Cream of Mushroom Soup Corned Beef Hash Cheesy Scrambled Eggs Sautéed Peppers Toast Chef's Special Sandwich of the Day Entrée Salad Your Way Coconut Macaroons RS Coconut Cream Pudding		Caesar Salad Soup of the Day Roast Turkey & Gravy with Cranberry Sauce Traditional Stuffing Green Beans Almandine Chef's Special Sandwich of the Day Entrée Salad Your Way Pecan Bar RS Chocolate Frosted Yellow Cake		Greek Salad Cream of Carrot Soup Mustard-Herb Crusted Trout Stewed White Beans Sautéed Broccoli Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day NSA Blonde Brownie		Cranberry Almond Salad French Onion Soup Braised Beef Brisket Garlic Mashed Potatoes Creamed Spinach Chef's Special Sandwich of the Day Entrée Salad Your Way Chocolate Éclair Torte NSA Baked Apples	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 3, Nov 7, Dec 12, Jan 16, Feb 20	Oct 4, Nov 8, Dec 13, Jan 17, Feb 21	Oct 5, Nov 9, Dec 14, Jan 18, Feb 22	Oct 6, Nov 10, Dec 15, Jan 19, Feb 23	Oct 7, Nov 11, Dec 16, Jan 20, Feb 24	Oct 8, Nov 12, Dec 17, Jan 21, Feb 25	Oct 9, Nov 13, Dec 18, Jan 22, Feb 26
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Ham & Cheese Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Cinnamon Roll Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Salad Greens Garden Vegetable Soup Shrimp & Grits Steamed Broccoli Sandwich of the Day Entrée Salad Your Way Sour Cream Pound Cake NSA/RS Dessert of Choice	Spinach Mushroom Salad Turkey Rice Soup Glazed Meatloaf Cheddar Mashed Potatoes Glazed Rosemary Carrots Sandwich of the Day Entrée Salad Your Way Creamy Rice Pudding SF Banana Cake	Chopped Salad Cream of Potato Soup Vegetable Pizza Sandwich of the Day Entrée Salad Your Way Red Velvet Cake RS Red Velvet Cake	Lettuce & Tomato Salad Tomato Bisque Lemon Butter Baked Salmon Butternut Squash Risotto Green Beans Sandwich of the Day Entrée Salad Your Way Strawberry Mousse SF Harvest Spice Cake	Mediterranean Salad Southwestern Corn Soup Chicken Enchiladas Black Beans & Rice Grilled Peppers Sandwich of the Day Entrée Salad Your Way Churros RS Chocolate Chiffon Cheesecake	Bacon, Lettuce, & Tomato Salad Spiced Cauliflower Soup Tortellini with Artichokes & Tomatoes Sandwich of the Day Entrée Salad Your Way Italian Cream Cake SF Raspberry Mousse	Tossed Garden Salad Clam Chowder Chicken Cacciatore Creamy Polenta Herbed Zucchini Sandwich of the Day Entrée Salad Your Way Peach Melba NSA Peach Melba
Dinner <i>*After dinner snacks available daily.</i>						
Salad Greens Soup of the Day Baked Honey Ham Scalloped Potatoes Roasted Brussels Sprouts Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day NSA/RS Dessert of Choice	Spinach Mushroom Salad Cream of Broccoli Soup Oven Fried Chicken Macaroni & Cheese Grilled Vegetables Chef's Special Sandwich of the Day Entrée Salad Your Way Banana Bread SF Banana Cake	Chopped Salad Split Pea & Ham Soup Potato Pierogies & Kielbasa with Sour Cream Caramelized Onions Sautéed Cabbage Chef's Special Sandwich of the Day Entrée Salad Your Way Mocha Bar RS Red Velvet Cake	Lettuce & Tomato Salad Chicken Noodle Soup Country Fried Steak with Cream Gravy Smashed Red Potatoes Corn O'brien Chef's Special Sandwich of the Day Entrée Salad Your Way Cinnamon Streusel Cake SF Harvest Spice Cake	Mediterranean Salad Soup of the Day Pork Scallopini Buttered Noodles Sherried Mushrooms Chef's Special Sandwich of the Day Entrée Salad Your Way Chocolate Cream Pie RS Chocolate Chiffon Cheesecake	Bacon, Lettuce, & Tomato Salad Mediterranean Vegetable Soup Roasted Cod in Old Bay & Lemon Pepper Tomato Couscous Spinach Soufflé Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day SF Raspberry Mousse	Tossed Garden Salad Mushroom Barley Soup Sirloin of Beef Au Jus Baked Potato & Sour Cream Steamed Broccoli Chef's Special Sandwich of the Day Entrée Salad Your Way Pumpkin Spice Cake NSA Peach Melba

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 10, Nov 14, Dec 19, Jan 23, Feb 27	Oct 11, Nov 15, Dec 20, Jan 24, Feb 28	Oct 12, Nov 16, Dec 21, Jan 25, Mar 1	Oct 13, Nov 17, Dec 22, Jan 26, Mar 2	Oct 14, Nov 18, Dec 23, Jan 27, Mar 3	Oct 15, Nov 19, Dec 24, Jan 28, Mar 4	Oct 16, Nov 20, Dec 25, Jan 29, Mar 5
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Biscuits Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Au Gratin Hash Browns Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Spinach Blue Cheese Salad Spiced Vegetable Soup Oven Fried Fish & Chips Cole Slaw Sandwich of the Day Entrée Salad Your Way Lemon Bar NSA/RS Dessert of Choice	Greek Salad Loaded Baked Potato Soup Mushroom Frittata Herbed Couscous Roasted Roma Tomatoes Sandwich of the Day Entrée Salad Your Way Brownie SF Brownie	Wedge Salad Cream of Tomato Soup Turkey Tetrazzini Sandwich of the Day Entrée Salad Your Way Banana Cream Pie RS Banana Pudding	Spinach Parmesan Salad Cream of Cabbage Soup Beef Pot Pie Green Beans Almandine Sandwich of the Day Entrée Salad Your Way Carrot Cake RS Carrot Cake	Caesar Salad Beef Barley Soup Crispy Chicken Tenders with Honey Mustard Sauce Baked Sweet Potato Fries Mango Slaw Sandwich of the Day Entrée Salad Your Way Chocolate Chip Cookie Bar SF Chocolate Chip Cookie	Citrus Beet Salad Broccoli Cheese Soup Bratwurst with Mustard & Sauerkraut with Onion Gravy Spaetzle Sandwich of the Day Entrée Salad Your Way Butterscotch Pudding RS Butterscotch Pudding	Salad Greens White Bean Soup Marinated Chicken Kebabs with Tzatziki Sauce Herbed Rice Zucchini & Cherry Tomatoes Sandwich of the Day Entrée Salad Your Way Caramel Sundae NSA Apple Crisp
Dinner <i>*After dinner snacks available daily.</i>						
Spinach Blue Cheese Salad Soup of the Day Honey BBQ Chicken Macaroni & Cheese Grilled Vegetables Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day NSA/RS Dessert of Choice	Greek Salad French Onion Soup Salisbury Steak Twice Baked Potato Parslied Cauliflower Chef's Special Sandwich of the Day Entrée Salad Your Way Cranberry Cake SF Brownie	Wedge Salad Vegetarian Chili Braised Chicken Wild Rice & Cranberry Salad Roasted Brussels Sprouts Chef's Special Sandwich of the Day Entrée Salad Your Way Pecan Bar RS Banana Pudding	Spinach Parmesan Salad Lentil Soup Pork Schnitzel with Dill Applesauce Potato Pancakes Braised Red Cabbage Chef's Special Sandwich of the Day Entrée Salad Your Way Cheesecake RS Carrot Cake	Caesar Salad Soup of the Day Meat Lasagna Sautéed Spinach Chef's Special Sandwich of the Day Entrée Salad Your Way Boston Cream Pie SF Chocolate Chip Cookie	Citrus Beet Salad Chicken Tortilla Soup Bay Scallops in Lemon Butter Lemon Garlic Orzo Ratatouille Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day RS Butterscotch Pudding	Salad Greens Hungarian Mushroom Soup Beef Pot Roast Boiled Potatoes Parslied Carrots Chef's Special Sandwich of the Day Entrée Salad Your Way Apple Crisp NSA Apple Crisp

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 17, Nov 21, Dec 26, Jan 30, Mar 6	Oct 18, Nov 22, Dec 27, Jan 31, Mar 7	Oct 19, Nov 23, Dec 28, Feb 1, Mar 8	Oct 20, Nov 24, Dec 29, Feb 2, Mar 9	Oct 21, Nov 25, Dec 30, Feb 3, Mar 10	Oct 22, Nov 26, Dec 31, Feb 4, Mar 11	Oct 23, Nov 27, Jan 1, Feb 5, Mar 12
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Western Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Cinnamon Roll Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Tossed Garden Salad Vegetable Beef Soup Grilled Salmon with Dill Butter Sauce Lentil & Roasted Red Pepper Salad Grilled Zucchini Sandwich of the Day Entrée Salad Your Way Frosted Yellow Cake NSA/RS Dessert of Choice	Tomato & Goat Cheese Salad Lemon Orzo Soup Broccoli Cheddar Quiche Herbed New Potatoes Sautéed Cherry Tomatoes Sandwich of the Day Entrée Salad Your Way Banana Cake NSA Root Beer Float	Chopped Salad Butternut Squash Soup Beef Stroganoff Buttered Noodles Sautéed Mushrooms Sandwich of the Day Entrée Salad Your Way Homemade Ice Cream Sandwich NSA Ice Cream Pie	Tabbouleh Salad Cream of Cauliflower Soup Teriyaki Chicken Brown Rice Stir Fried Vegetables Sandwich of the Day Entrée Salad Your Way Raspberry Crumb Bar NSA Baked Pineapple	Cranberry Almond Salad Cream of Chicken & Mushroom Soup Cheese Ravioli with Rose Sauce Italian Vegetable Medley Sandwich of the Day Entrée Salad Your Way Tiramisu SF Cappuccino Mousse	Lettuce & Tomato Salad Black Bean Soup Soft Beef Tacos with Salsa & Sour Cream Sautéed Peppers Sandwich of the Day Entrée Salad Your Way Tres Leches Cake SF Pound Cake	Mediterranean Salad Tomato Basil Soup Turkey & Dumplings Sandwich of the Day Entrée Salad Your Way Apple Pie NSA Cinnamon Streusel Cake
Dinner <i>*After dinner snacks available daily.</i>						
Tossed Garden Salad Soup of the Day Brown Sugar Glazed Ham Lyonnaise Potatoes Roasted Butternut Squash Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day NSA/RS Dessert of Choice	Tomato & Goat Cheese Salad Potato Leek Soup Rosemary Roast Chicken Barley Pilaf Creamed Spinach Chef's Special Sandwich of the Day Entrée Salad Your Way Root Beer Float NSA Root Beer Float	Chopped Salad Cabbage & Smoked Ham Soup Leg of Lamb with Gravy with Apple Mint Jelly Parmesan Risotto Sautéed Broccolini Chef's Special Sandwich of the Day Entrée Salad Your Way Cherry Pie NSA Ice Cream Pie	Tabbouleh Salad Split Pea Soup Beef & Mushroom Stew Creamy Polenta Chef's Special Sandwich of the Day Entrée Salad Your Way Pineapple Upside Down Cake NSA Baked Pineapple	Cranberry Almond Salad Soup of the Day Roast Turkey & Gravy with Cranberry Sauce Cornbread Stuffing Green Bean Casserole Chef's Special Sandwich of the Day Entrée Salad Your Way Frosted Pumpkin Bar SF Cappuccino Mousse	Lettuce & Tomato Salad Minestrone Soup Parmesan Crusted Tilapia Crispy Potatoes Roasted Root Vegetables Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day SF Pound Cake	Mediterranean Salad Cream of Carrot Soup Braised Pork Chop with Onion Gravy Butternut Squash & Apple Casserole Braised Greens Chef's Special Sandwich of the Day Entrée Salad Your Way Cinnamon Bread Pudding NSA Cinnamon Streusel Cake

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 24, Nov 28, Jan 2, Feb 6, Mar 13	Oct 25, Nov 29, Jan 3, Feb 7, Mar 14	Oct 26, Nov 30, Jan 4, Feb 8, Mar 15	Oct 27, Dec 1, Jan 5, Feb 9, Mar 16	Oct 28, Dec 2, Jan 6, Feb 10, Mar 17	Oct 29, Dec 3, Jan 7, Feb 11, Mar 18	Oct 30, Dec 4, Jan 8, Feb 12, Mar 19
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Ham & Cheese Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Biscuits Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Ham Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Spinach Mushroom Salad Cream of Celery Soup	Greek Salad Cheeseburger Soup	Citrus Beet Salad Mushroom Bisque	Caesar Salad Cream of Broccoli Soup	Salad Greens Carrot & Ginger Soup	Lettuce & Tomato Salad Chicken Gumbo Soup	Mediterranean Salad Spiced Cauliflower Soup
Shepherd's Pie Green Beans	Roasted Vegetable Calzone with Sauce	BBQ Pulled Pork Baked Beans Cole Slaw	Tortellini Alfredo Parmesan Tomato	Chicken Chow Mein Steamed Rice	Pepperoni Pizza Side Salad	Chicken Cordon Bleu Roasted New Potatoes Sautéed Mushrooms
Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way
Caramel Cheesecake NSA/RS Dessert of Choice	Jelly Roll RS Frosted Cherry Cake	Peach Cobbler NSA Peach Melba	S'mores Bar SF Lemon Mousse	Coconut Cake SF Piña Colada Cake	Turtle Brownie SF Brownie	Baked Pineapple RS Vanilla Pudding
Dinner <i>*After dinner snacks available daily.</i>						
Spinach Mushroom Salad Soup of the Day	Greek Salad Kale & White Bean Soup	Citrus Beet Salad Chicken Noodle Soup	Caesar Salad Garden Vegetable Soup	Salad Greens Soup of the Day	Lettuce & Tomato Salad Beef Noodle Soup	Mediterranean Salad Tuscan Bean Soup
Shrimp Scampi Angel Hair Pasta with Garlic Herb Butter Steamed Broccoli Chef's Special	Oven Fried Chicken Sweet Potato Wedges Cauliflower Au Gratin Chef's Special	Red Wine Braised Beef Savory Stuffing Buttered Turnips Chef's Special	Belgian Waffle & Berries with Syrup Bacon Chef's Special	Corned Beef Boiled Potatoes Parslied Carrots Seasoned Cabbage Chef's Special	Baked Fish Cakes with Tartar Sauce Lemon Risotto Grilled Vegetables Chef's Special	Spaghetti & Meatballs Parmesan Roasted Broccoli Chef's Special
Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way
Dessert of the Day NSA/RS Dessert of Choice	Black Forest Cake RS Frosted Cherry Cake	Hot Fudge Sundae NSA Peach Melba	Lemon Cream Parfait SF Lemon Mousse	Banana Split Dessert SF Piña Colada Cake	Dessert of the Day SF Brownie	Vanilla Cream Pie RS Vanilla Pudding