

# Sunrise Spring/Summer Menu: Canada

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Mar 21, Apr 25, May 30, July 4, Aug 8, Sept 12	Mar 22, Apr 26, May 31, July 5, Aug 9, Sept 13	Mar 23, Apr 27, June 1, July 6, Aug 10, Sept 14	Mar 24, Apr 28, June 2, July 7, Aug 11, Sept 15	Mar 25, Apr 29, June 3, July 8, Aug 12, Sept 16	Mar 26, Apr 30, June 4, July 9, Aug 13, Sept 17	Mar 27, May 1, June 5, July 10, Aug 14, Sept 18
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**Breakfast**

<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Western Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Au Gratin Hash Browns</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Cheese Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Scrambled Egg Casserole</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
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**Lunch** \*After lunch snacks available daily.

<b>Salad Greens</b> <b>Cream of Tomato Soup</b>  <b>Stuffed Zucchini Boats</b> Roasted Potato Wedges  <b>Sandwich of the Day</b> <b>Chicken Caesar Salad</b>  <b>Angel Food Cake &amp; Berries</b> NSA Angel Food Cake	<b>Tossed Garden Salad</b> <b>Potato Leek Soup</b>  <b>Marinated Chicken Kebabs</b> Herbed Orzo Pilaf Grilled Peppers  <b>Sandwich of the Day</b> <b>Baked Salmon on Greens</b>  <b>Pineapple Upside Down Cake</b> NSA Baked Pineapple	<b>Chopped Salad</b> <b>Lentil Soup</b>  <b>Swedish Meatballs</b> Buttered Noodles Sautéed Mushrooms  <b>Sandwich of the Day</b> <b>Fruit &amp; Cottage Cheese</b>  <b>Banana Bread</b> SF Banana Cake	<b>Caesar Salad</b> <b>Chicken Noodle Soup</b>  <b>Broiled Haddock</b> Chive Butter Red Potatoes Zucchini & Cherry Tomato  <b>Sandwich of the Day</b> <b>Classic Cobb Salad</b>  <b>Honey Vanilla Pudding</b> NSA Blueberries & Cream	<b>Greek Salad</b> <b>Tuscan Bean Soup</b>  <b>Rigatoni Pasta with Sausage &amp; Broccoli</b>  <b>Sandwich of the Day</b> <b>Chicken Salad &amp; Fruit</b>  <b>Mocha Mousse</b> SF Cappuccino Mousse	<b>Grilled Peach Salad</b> <b>Garden Vegetable Soup</b>  <b>Crispy Chicken Tenders with Honey Mustard Sauce</b> Baked Oven Fries Cole Slaw  <b>Sandwich of the Day</b> <b>Chef's Salad</b>  <b>Cherries Jubilee</b> RS Carrot Cake	<b>Carrot Raisin Salad</b> <b>Cream of Mushroom Soup</b>  <b>Quiche Lorraine</b> Lemon-Herb Red Potatoes Side Salad  <b>Sandwich of the Day</b> <b>Steak &amp; Blue Cheese Salad</b>  <b>Raspberry Jam Bar</b> NSA Baked Apples à la Mode
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**Dinner** \*After dinner snacks available daily.

<b>Salad Greens</b> <b>Soup of the Day</b>  <b>Baked Honey Ham</b> Au Gratin Potatoes Steamed Broccoli  <b>Sandwich of the Day</b> <b>Chicken Caesar Salad</b>  <b>Peach Cobbler</b> NSA Angel Food Cake	<b>Tossed Garden Salad</b> <b>Split Pea Soup</b>  <b>BBQ Beef Brisket</b> Mashed Potatoes Creamed Spinach  <b>Sandwich of the Day</b> <b>Baked Salmon on Greens</b>  <b>Boston Cream Pie</b> NSA Baked Pineapple	<b>Chopped Salad</b> <b>Corn Chowder</b>  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Fruit &amp; Cottage Cheese</b>  <b>Dessert of the Day</b> SF Banana Cake	<b>Caesar Salad</b> <b>Italian Wedding Soup</b>  <b>Chicken Cacciatore</b> Creamy Polenta Steamed Vegetables  <b>Sandwich of the Day</b> <b>Classic Cobb Salad</b>  <b>Blueberry Cake</b> NSA Blueberries & Cream	<b>Greek Salad</b> <b>Soup of the Day</b>  <b>Glazed Meatloaf</b> Mashed Potatoes Seasoned Peas  <b>Sandwich of the Day</b> <b>Chicken Salad &amp; Fruit</b>  <b>Caramel Cake</b> SF Cappuccino Mousse	<b>Grilled Peach Salad</b> <b>Cream of Cauliflower Soup</b>  <b>Catch of the Day</b>  <b>Sandwich of the Day</b> <b>Chef's Salad</b>  <b>Carrot Cake</b> RS Carrot Cake	<b>Carrot Raisin Salad</b> <b>Sweet Potato Bisque</b>  <b>Roast Turkey &amp; Gravy with Cranberry Sauce</b> Traditional Stuffing Green Beans Almandine  <b>Sandwich of the Day</b> <b>Steak &amp; Blue Cheese Salad</b>  <b>Apple Pie</b> NSA Baked Apples à la Mode
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# Sunrise Spring/Summer Menu: Canada

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mar 28, May 2, June 6, July 11, Aug 15, Sept 19	Mar 29, May 3, June 7, July 12, Aug 16, Sept 20	Mar 31, May 5, June 9, July 14, Aug 18, Sept 22	Mar 24, Apr 28, June 2, July 7, Aug 11, Sept 15	Apr 1, May 6, June 10, July 15, Aug 19, Sept 23	Apr 2, May 7, June 11, July 16, Aug 20, Sept 24	Apr 3, May 8, June 12, July 17, Aug 21, Sept 25
<b>Breakfast</b>						
<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Ham &amp; Cheese Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Cinnamon Roll</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Cheese Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Scrambled Egg Casserole</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
<b>Lunch</b>						
*After lunch snacks available daily.						
<b>Salad Greens</b> <b>Chicken Tortilla Soup</b>  <b>Baked Salmon</b> Lemon Rice Ratatouille  <b>Sandwich of the Day</b> <b>Turkey Cranberry Salad</b>  <b>Peach Melba</b> <b>NSA Peach Melba</b>	<b>Wedge Salad</b> <b>Succotash Soup</b>  <b>Grilled Caesar Chicken</b> Pesto Penne Pasta Steamed Vegetables  <b>Sandwich of the Day</b> <b>Greek Salad with Shrimp</b>  <b>Mixed Berry Crisp</b> <b>RS Chocolate Cream Pie</b>	<b>Lettuce &amp; Tomato Salad</b> <b>Turkey Noodle Soup</b>  <b>Pepperoni Pizza</b> Side Salad  <b>Sandwich of the Day</b> <b>Mediterranean Chicken Salad</b>  <b>Blonde Brownie Sundae</b> <b>NSA Blonde Brownie Sundae</b>	<b>Caesar Salad</b> <b>Navy Bean Soup</b>  <b>Roasted Vegetable Lasagna</b> Roasted Carrots  <b>Sandwich of the Day</b> <b>BLT Salad</b>  <b>Cream Puff</b> <b>RS Frosted Cherry Cake</b>	<b>Spinach Strawberry Salad</b> <b>Summer Squash Bisque</b>  <b>Classic Crab Cake with Tartar Sauce</b> Baked Sweet Potato Fries Cole Slaw  <b>Sandwich of the Day</b>  <b>Greek Yogurt &amp; Fruit Parfait</b> <b>Lemon Cream Parfait</b> <b>SF Lemon Mousse</b>	<b>Orange Almond Salad</b> <b>Clam Chowder</b>  <b>Beef &amp; Vegetable Stir Fry</b> Brown Rice  <b>Sandwich of the Day</b> <b>Harvest Chicken Salad</b>  <b>Coconut Cream Squares</b> <b>SF Piña Colada Cake</b>	<b>Tossed Garden Salad</b> <b>Cream of Broccoli Soup</b>  <b>Braised Chicken</b> Maple Sweet Potatoes Sautéed Spinach  <b>Sandwich of the Day</b> <b>Tuna Salad Plate</b>  <b>Blueberry Cobbler</b> <b>NSA Blueberry Crisp</b>
<b>Dinner</b>						
*After dinner snacks available daily.						
<b>Salad Greens</b> <b>Soup of the Day</b>  <b>Beef &amp; Mushroom Stew</b>  <b>Sandwich of the Day</b> <b>Turkey Cranberry Salad</b>  <b>Cinnamon Streusel Cake</b> <b>NSA Peach Melba</b>	<b>Wedge Salad</b> <b>Cream of Carrot Soup</b>  <b>Pork Schnitzel with Dill</b> Applesauce Potato Pancakes Braised Red Cabbage  <b>Sandwich of the Day</b> <b>Greek Salad with Shrimp</b>  <b>Chocolate Cream Pie</b> <b>RS Chocolate Cream Pie</b>	<b>Lettuce &amp; Tomato Salad</b> <b>Mushroom Barley Soup</b>  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Mediterranean Chicken Salad</b>  <b>Dessert of the Day</b> <b>NSA Blonde Brownie Sundae</b>	<b>Caesar Salad</b> <b>French Onion Soup</b>  <b>Sirloin of Beef Au Jus</b> Baked Potato & Sour Cream Steamed Broccoli  <b>Sandwich of the Day</b> <b>BLT Salad</b>  <b>Black Forest Cake</b> <b>RS Frosted Cherry Cake</b>	<b>Spinach Strawberry Salad</b> <b>Soup of the Day</b>  <b>Honey BBQ Chicken</b> Macaroni & Cheese Grilled Vegetables  <b>Sandwich of the Day</b> <b>Greek Yogurt &amp; Fruit Parfait</b>  <b>Chocolate Chip Cookie Bar</b> <b>SF Lemon Mousse</b>	<b>Orange Almond Salad</b> <b>Tomato Basil Soup</b>  <b>Catch of the Day</b>  <b>Sandwich of the Day</b> <b>Harvest Chicken Salad</b>  <b>Frosted Chocolate Cake</b> <b>SF Piña Colada Cake</b>	<b>Tossed Garden Salad</b> <b>Minestrone Soup</b>  <b>Spaghetti &amp; Meatballs</b> Green Beans  <b>Sandwich of the Day</b> <b>Tuna Salad Plate</b>  <b>Caramel Cheesecake</b> <b>NSA Blueberry Crisp</b>

# Sunrise Spring/Summer Menu: Canada

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Apr 4, May 9, June 13, July 18, Aug 22	Apr 5, May 10, June 14, July 19, Aug 23	Apr 6, May 11, June 15, July 20, Aug 24	Apr 7, May 12, June 16, July 21, Aug 25	Apr 8, May 13, June 17, July 22, Aug 26	Apr 9, May 14, June 18, July 23, Aug 27	Apr 10, May 15, June 19, July 24, Aug 28
<b>Breakfast</b>						
<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Biscuits</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Cheese Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Au Gratin Hash Browns</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
<b>Lunch</b>						
*After lunch snacks available daily.						
<b>Salad Greens with Orange Zuppa Toscana Soup</b>  <b>Garden Vegetable Quiche</b> Herbed Couscous Broiled Tomato Slices  <b>Sandwich of the Day</b> <b>Steak Caesar Salad</b>  <b>Chocolate Éclair Torte</b> <b>RS Chocolate Vanilla Pudding Parfait</b>	<b>Chopped Salad</b> <b>Vegetarian Chili</b>  <b>Chicken Pot Pie</b> Herbed Green Beans  <b>Sandwich of the Day</b> <b>Wedge Salad</b>  <b>Ambrosia Salad</b> <b>Fruit Salad</b>	<b>Greek Salad</b> <b>Garden Vegetable Soup</b>  <b>Maple Glazed Ham</b> Sweet Potato Casserole Collard Greens  <b>Sandwich of the Day</b> <b>Turkey Waldorf Salad</b>  <b>Cherry Pie</b> <b>NSA Cherry Pie</b>	<b>Spinach Mushroom Salad</b> <b>Cream of Tomato Soup</b>  <b>Shrimp Scampi</b> Angel Hair Pasta with Garlic Herb Butter Steamed Broccoli  <b>Sandwich of the Day</b> <b>Chicken Salad &amp; Fruit</b>  <b>Lemon Bar</b> <b>RS Red Velvet Cake</b>	<b>Balsamic, Tomato, &amp; Onion Salad</b> <b>Corn Chowder</b>  <b>BBQ Pulled Pork</b> Baked Beans Cole Slaw  <b>Sandwich of the Day</b> <b>Tuna Niçoise Salad</b>  <b>Peach Crumble Nut Cake</b> <b>NSA Baked Apples à la Mode</b>	<b>Mediterranean Salad</b> <b>Pasta e Fagioli Soup</b>  <b>Baked Ziti Pasta &amp; Meat Sauce</b> Italian Vegetable Medley  <b>Sandwich of the Day</b> <b>Fruit &amp; Cottage Cheese</b>  <b>Creamy Rice Pudding</b> <b>RS Tapioca Pudding</b>	<b>Lettuce &amp; Tomato Salad</b> <b>Split Pea Soup</b>  <b>Lemon Herb Chicken</b> Wild Rice Blend Steamed Asparagus  <b>Sandwich of the Day</b> <b>Antipasto Salad</b>  <b>Pecan Pie</b> <b>RS Pumpkin Cheesecake</b>
<b>Dinner</b>						
*After dinner snacks available daily.						
<b>Salad Greens with Orange Soup of the Day</b>  <b>Baked Salmon</b> Roasted New Potatoes Grilled Vegetables  <b>Sandwich of the Day</b> <b>Steak Caesar Salad</b>  <b>Strawberry Shortcake</b> <b>RS Chocolate Vanilla Pudding Parfait</b>	<b>Chopped Salad</b> <b>Mushroom Bisque</b>  <b>Beef Stroganoff</b> Buttered Noodles Dill Carrots  <b>Sandwich of the Day</b> <b>Wedge Salad</b>  <b>German Chocolate Cake</b> <b>Fruit Salad</b>	<b>Greek Salad</b> <b>Tuscan Potato Soup</b>  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Turkey Waldorf Salad</b>  <b>Dessert of the Day</b> <b>NSA Cherry Pie</b>	<b>Spinach Mushroom Salad</b> <b>Lentil Soup</b>  <b>Salisbury Steak</b> Garlic Mashed Potatoes Seasoned Peas  <b>Sandwich of the Day</b> <b>Chicken Salad &amp; Fruit</b>  <b>Red Velvet Cake</b> <b>RS Red Velvet Cake</b>	<b>Balsamic, Tomato, &amp; Onion Salad</b> <b>Soup of the Day</b>  <b>Rosemary Roast Chicken</b> Fingerling Potatoes Roasted Brussels Sprouts  <b>Sandwich of the Day</b> <b>Tuna Niçoise Salad</b>  <b>Baked Apples à la Mode</b> <b>NSA Baked Apples à la Mode</b>	<b>Mediterranean Salad</b> <b>Chicken Rice Soup</b>  <b>Catch of the Day</b>  <b>Sandwich of the Day</b> <b>Fruit &amp; Cottage Cheese</b>  <b>Raspberry Crumb Bar</b> <b>RS Tapioca Pudding</b>	<b>Lettuce &amp; Tomato Salad</b> <b>Cauliflower, Cheese, &amp; Potato Soup</b>  <b>Herb Roasted Pork Tenderloin</b> Twice Baked Potato Green Beans  <b>Sandwich of the Day</b> <b>Antipasto Salad</b>  <b>Pumpkin Gingersnap Trifle</b> <b>RS Pumpkin Cheesecake</b>

# Sunrise Spring/Summer Menu: Canada

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Apr 11, May 16, June 20, July 25, Aug 29	Apr 12, May 17, June 21, July 26, Aug 30	Apr 13, May 18, June 22, July 27, Aug 31	Apr 14, May 19, June 23, July 28, Sept 1	Apr 15, May 20, June 24, July 29, Sept 2	Apr 16, May 21, June 25, July 30, Sept 3	Apr 17, May 22, June 26, July 31, Sept 4
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**Breakfast**

<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Western Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Cinnamon Roll</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Cheese Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Scrambled Egg Casserole</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
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**Lunch** \*After lunch snacks available daily.

<b>Tossed Garden Salad</b> <b>Tomato Soup with Couscous</b>	<b>Cranberry Almond Salad</b> <b>French Onion Soup</b>	<b>Caesar Salad</b> <b>Minestrone Soup</b>	<b>Salad Greens</b> <b>Broccoli Cheese Soup</b>	<b>Lettuce &amp; Tomato Salad</b> <b>Manhattan Clam Chowder</b>	<b>Spinach Salad &amp; Egg</b> <b>Tuscan Bean Soup</b>	<b>Salad Greens with Orange</b> <b>Cream of Potato Soup</b>
<b>Oven Fried Fish &amp; Chips</b> Cole Slaw	<b>Swiss Steak</b> Mashed Potatoes Seasoned Peas	<b>Eggplant Parmesan</b> Spaghetti & Marinara Sauce	<b>Pan Seared Salmon Cake with Tartar Sauce</b> Buttered New Potatoes Steamed Vegetables	<b>Chicken Milanese</b> Rosemary Red Potatoes Roasted Beets	<b>Shepherd's Pie</b> Roasted Parsnips	<b>Chicken Quesadillas</b> Sour Cream Pico de Gallo
<b>Sandwich of the Day</b> <b>Chef's Salad</b>	<b>Sandwich of the Day</b> <b>Greek Salad with Shrimp</b>	<b>Sandwich of the Day</b> <b>Deli Salad Trio</b>	<b>Sandwich of the Day</b> <b>Classic Cobb Salad</b>	<b>Sandwich of the Day</b> <b>Greek Yogurt &amp; Fruit Parfait</b>	<b>Sandwich of the Day</b> <b>Cranberry Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Salmon Avocado Salad</b>
<b>Strawberry Cream Pie</b> <b>RS Frosted Lemon Cake</b>	<b>Peanut Butter Bar</b> <b>NSA Apple Pie</b>	<b>Tiramisu Trifle</b> <b>RS Vanilla Pudding Parfait</b>	<b>Fruit Pie</b> <b>RS Coconut Cake</b>	<b>Lemon Cream Cake</b> <b>NSA Blonde Brownie</b>	<b>Vanilla Cream Pie</b> <b>RS Sunburst Orange Cake</b>	<b>Tres Leches Cake</b> <b>RS Cheesecake</b>

**Dinner** \*After dinner snacks available daily.

<b>Tossed Garden Salad</b> <b>Soup of the Day</b>	<b>Cranberry Almond Salad</b> <b>Butternut Squash Soup</b>	<b>Caesar Salad</b> <b>Carrot &amp; Ginger Soup</b>	<b>Salad Greens</b> <b>Tomato Barley Soup</b>	<b>Lettuce &amp; Tomato Salad</b> <b>Soup of the Day</b>	<b>Spinach Salad &amp; Egg</b> <b>Chicken Noodle Soup</b>	<b>Salad Greens with Orange</b> <b>Mediterranean Vegetable Soup</b>
<b>Chicken Cordon Bleu</b> Roasted New Potatoes Sautéed Spinach	<b>Orange Glazed Turkey</b> Wild Rice & Cranberry Salad Roasted Cauliflower	<b>Chef's Special</b>	<b>Corned Beef</b> Boiled Potatoes Parslied Carrots Seasoned Cabbage	<b>BBQ Pork Ribs</b> Buttered Corn Creamed Spinach	<b>Catch of the Day</b>	<b>Meat Lasagna</b> Steamed Broccoli
<b>Sandwich of the Day</b> <b>Chef's Salad</b>	<b>Sandwich of the Day</b> <b>Greek Salad with Shrimp</b>	<b>Sandwich of the Day</b> <b>Deli Salad Trio</b>	<b>Sandwich of the Day</b> <b>Classic Cobb Salad</b>	<b>Sandwich of the Day</b> <b>Greek Yogurt &amp; Fruit Parfait</b>	<b>Sandwich of the Day</b> <b>Cranberry Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Salmon Avocado Salad</b>
<b>Lemon Poppy Seed Cake</b> <b>RS Frosted Lemon Cake</b>	<b>Apple Pie</b> <b>NSA Apple Pie</b>	<b>Dessert of the Day</b> <b>RS Vanilla Pudding Parfait</b>	<b>Coconut Cake</b> <b>RS Coconut Cake</b>	<b>Blonde Brownie</b> <b>NSA Blonde Brownie</b>	<b>Orange Chiffon Cake</b> <b>RS Sunburst Orange Cake</b>	<b>Cheesecake</b> <b>RS Cheesecake</b>

# Sunrise Spring/Summer Menu: Canada

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Apr 18, May 23, June 27, Aug 1, Sept 5	Apr 19, May 24, June 28, Aug 2, Sept 6	Apr 20, May 25, June 29, Aug 3, Sept 7	Apr 21, May 26, June 30, Aug 4, Sept 8	Apr 22, May 27, July 1, Aug 5, Sept 9	Apr 23, May 28, July 2, Aug 6, Sept 10	Apr 24, May 29, July 3, Aug 7, Sept 11
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**Breakfast**

<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Ham &amp; Cheese Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Cinnamon Roll</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Ham Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Scrambled Egg Casserole</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
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**Lunch** \*After lunch snacks available daily.

<b>Tossed Garden Salad</b> <b>Tomato Basil Soup</b>	<b>Mediterranean Salad</b> <b>White Bean Soup</b>	<b>Chopped Salad</b> <b>Southwestern Corn Soup</b>	<b>Spinach Parmesan Salad</b> <b>Chicken Vegetable Soup</b>	<b>Salad Greens</b> <b>Beef Noodle Soup</b>	<b>Wedge Salad</b> <b>Black Bean Soup</b>	<b>Lettuce &amp; Tomato Salad</b> <b>Seafood Bisque</b>
<b>Lamb &amp; Vegetable Stew</b> Rosemary White Beans	<b>Chicken Piccata</b> Angel Hair Pasta with Garlic Herb Butter Grilled Peppers	<b>Cheese Pizza</b> Side Salad	<b>Mediterranean Seafood Stew</b>	<b>Turkey Pot Pie</b> Lemon Butter Broccoli	<b>Orange Beef</b> Brown Rice Stir Fried Vegetables	<b>Lemon Herb Chicken</b> Herbed Couscous Succotash
<b>Sandwich of the Day</b> <b>Harvest Turkey Salad</b>	<b>Sandwich of the Day</b> <b>Tuna Salad Plate</b>	<b>Sandwich of the Day</b> <b>Beet, Apple, &amp; Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Egg Salad Stuffed Tomato</b>	<b>Sandwich of the Day</b> <b>BLT Salad</b>	<b>Sandwich of the Day</b> <b>Grilled Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Beef Taco Salad</b>
<b>Coconut Custard Pie</b> <b>NSA Cherries Jubilee</b>	<b>Chocolate Pudding Parfait</b> <b>RS Chocolate Frosted Yellow Cake</b>	<b>Homemade Ice Cream Sandwich</b> <b>NSA Ice Cream Pie</b>	<b>Banana Cream Pie</b> <b>NSA Strawberries &amp; Cream</b>	<b>Brownie</b> <b>SF Pound Cake</b>	<b>Applesauce Cake</b> <b>NSA Apple Crisp</b>	<b>Frosted Chocolate Cake</b> <b>RS Frosted Chocolate Cake</b>

**Dinner** \*After dinner snacks available daily.

<b>Tossed Garden Salad</b> <b>Soup of the Day</b>	<b>Mediterranean Salad</b> <b>Cream of Broccoli Soup</b>	<b>Chopped Salad</b> <b>Roasted Red Pepper Soup</b>	<b>Spinach Parmesan Salad</b> <b>Loaded Baked Potato Soup</b>	<b>Salad Greens</b> <b>Soup of the Day</b>	<b>Wedge Salad</b> <b>Chicken Orzo Soup</b>	<b>Lettuce &amp; Tomato Salad</b> <b>Hungarian Mushroom Soup</b>
<b>Shrimp Stuffed Flounder</b> Rice Pilaf Steamed Zucchini	<b>Sherry Beef Tips</b> Garlic Mashed Potatoes Sautéed Spinach	<b>Chef's Special</b>	<b>Oven Fried Chicken</b> Macaroni & Cheese Green Bean Casserole	<b>Cheese Ravioli &amp; Marinara Sauce</b> Italian Vegetable Medley	<b>Catch of the Day</b>	<b>Pork Tenderloin Diane</b> Whipped Red Potatoes Braised Greens
<b>Sandwich of the Day</b> <b>Harvest Turkey Salad</b>	<b>Sandwich of the Day</b> <b>Tuna Salad Plate</b>	<b>Sandwich of the Day</b> <b>Beet, Apple, &amp; Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Egg Salad Stuffed Tomato</b>	<b>Sandwich of the Day</b> <b>BLT Salad</b>	<b>Sandwich of the Day</b> <b>Grilled Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Beef Taco Salad</b>
<b>Jelly Roll</b> <b>NSA Cherries Jubilee</b>	<b>Frosted Marble Cake</b> <b>RS Chocolate Frosted Yellow Cake</b>	<b>Dessert of the Day</b> <b>NSA Ice Cream Pie</b>	<b>Strawberries &amp; Cream</b> <b>NSA Strawberries &amp; Cream</b>	<b>Lemon Pound Cake</b> <b>SF Pound Cake</b>	<b>Cherry Cheesecake Bar</b> <b>NSA Apple Crisp</b>	<b>Cinnamon Bread Pudding</b> <b>RS Frosted Chocolate Cake</b>