

# Sunrise Spring/Summer Menu: IL-AL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mar 21, Apr 25, May 30, July 4, Aug 8, Sept 12	Mar 22, Apr 26, May 31, July 5, Aug 9, Sept 13	Mar 23, Apr 27, June 1, July 6, Aug 10, Sept 14	Mar 24, Apr 28, June 2, July 7, Aug 11, Sept 15	Mar 25, Apr 29, June 3, July 8, Aug 12, Sept 16	Mar 26, Apr 30, June 4, July 9, Aug 13, Sept 17	Mar 27, May 1, June 5, July 10, Aug 14, Sept 18
<b>Breakfast</b>						
<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Western Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Au Gratin Hash Browns</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Cheese Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Scrambled Egg Casserole</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
<b>Lunch</b>						
*After lunch snacks available daily.						
<b>Salad Greens</b> <b>French Onion Soup</b>  <b>Pasta Primavera with Shrimp</b>  <b>Sandwich of the Day</b> <b>Asian Chicken Salad</b>  <b>Assorted Cookies</b> <b>NSA/RS Dessert of Choice</b>	<b>Lettuce &amp; Tomato Salad</b> <b>Carrot &amp; Ginger Soup</b>  <b>Teriyaki Chicken</b> Brown Rice Stir Fried Vegetables  <b>Sandwich of the Day</b> <b>Chef's Salad</b>  <b>Angel Food Cake &amp; Berries</b> <b>NSA Angel Food Cake</b>	<b>Tossed Garden Salad</b> <b>Lentil Soup</b>  <b>Shepherd's Pie</b>  <b>Sandwich of the Day</b> <b>Chicken Caesar Salad</b>  <b>Carrot Cake</b> <b>RS Carrot Cake</b>	<b>Mediterranean Salad</b> <b>Tuscan Bean Soup</b>  <b>Rigatoni Pasta with Sausage &amp; Broccoli</b>  <b>Sandwich of the Day</b> <b>Fruit &amp; Cottage Cheese</b>  <b>Chocolate Cream Pie</b> <b>RS Chocolate Cream Pie</b>	<b>Chopped Salad</b> <b>Chicken Noodle Soup</b>  <b>Seafood Newburg</b> Steamed Vegetables  <b>Sandwich of the Day</b> <b>Classic Cobb Salad</b>  <b>Pineapple Upside Down Cake</b> <b>NSA Baked Pineapple</b>	<b>Salad Greens</b> <b>Garden Vegetable Soup</b>  <b>Crispy Chicken Tenders with Honey Mustard Sauce</b> Baked Oven Fries Cole Slaw  <b>Sandwich of the Day</b> <b>Tuna Salad Plate</b>  <b>Cherries Jubilee</b> <b>RS Frosted Cherry Cake</b>	<b>Cranberry Almond Salad</b> <b>Sweet Potato Bisque</b>  <b>Roast Turkey &amp; Gravy with Cranberry Sauce</b> Traditional Stuffing Green Beans Almandine  <b>Sandwich of the Day</b> <b>Spinach Strawberry Chicken Salad</b>  <b>Apple Pie</b> <b>NSA Apple Pie</b>
<b>Dinner</b>						
*After dinner snacks available daily.						
<b>Salad Greens</b> <b>Soup of the Day</b>  <b>Baked Honey Ham</b> Scalloped Potatoes Steamed Asparagus  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Asian Chicken Salad</b>  <b>Dessert of the Day</b> <b>NSA/RS Dessert of Choice</b>	<b>Lettuce &amp; Tomato Salad</b> <b>Corn Chowder</b>  <b>BBQ Beef Brisket</b> Whipped Sweet Potatoes Collard Greens  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Chef's Salad</b>  <b>Peach Pie</b> <b>NSA Angel Food Cake</b>	<b>Tossed Garden Salad</b> <b>Cream of Mushroom Soup</b>  <b>Poached Haddock with Hollandaise</b> Herbed Couscous Roasted Roma Tomatoes  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Chicken Caesar Salad</b>  <b>Lemon Meringue Pie</b> <b>RS Carrot Cake</b>	<b>Mediterranean Salad</b> <b>Tomato Basil Soup</b>  <b>Marinated Chicken Kebabs with Tzatziki</b> Lemon Garlic Orzo Grilled Peppers  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Fruit &amp; Cottage Cheese</b>  <b>Blueberry Cake</b> <b>RS Chocolate Cream Pie</b>	<b>Chopped Salad</b> <b>Soup of the Day</b>  <b>Beef Pot Pie</b> Glazed Baby Carrots  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Classic Cobb Salad</b>  <b>Banana Bread</b> <b>NSA Baked Pineapple</b>	<b>Salad Greens</b> <b>Seafood Bisque</b>  <b>Gnocchi Pasta with Roasted Tomato Sauce</b> Grilled Vegetables  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Tuna Salad Plate</b>  <b>Tiramisu</b> <b>RS Frosted Cherry Cake</b>	<b>Cranberry Almond Salad</b> <b>Split Pea Soup</b>  <b>Glazed Meatloaf</b> Smashed Red Potatoes Peas & Carrots  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Spinach Strawberry Chicken Salad</b>  <b>Ambrosia Salad</b> <b>NSA Apple Pie</b>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mar 28, May 2, June 6, July 11, Aug 15, Sept 19	Mar 29, May 3, June 7, July 12, Aug 16, Sept 20	Mar 31, May 5, June 9, July 14, Aug 18, Sept 22	Mar 24, Apr 28, June 2, July 7, Aug 11, Sept 15	Apr 1, May 6, June 10, July 15, Aug 19, Sept 23	Apr 2, May 7, June 11, July 16, Aug 20, Sept 24	Apr 3, May 8, June 12, July 17, Aug 21, Sept 25
<b>Breakfast</b>						
<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Ham &amp; Cheese Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Cinnamon Roll</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Cheese Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Scrambled Egg Casserole</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
<b>Lunch</b>						
*After lunch snacks available daily.						
<b>Tossed Garden Salad</b> <b>Turkey Rice Soup</b>  <b>Quiche Lorraine</b> Sliced Fresh Fruit  <b>Sandwich of the Day</b> <b>Chicken Waldorf Salad</b>  <b>Jelly Roll</b> <b>NSA/RS Dessert of Choice</b>	<b>Spinach Parmesan Salad</b> <b>Italian Wedding Soup</b>  <b>Meat Lasagna</b> Steamed Zucchini  <b>Sandwich of the Day</b> <b>Greek Salad with Shrimp</b>  <b>Panna Cotta with Raspberry Sauce</b> <b>RS Frosted Lemon Cake</b>	<b>Salad Greens</b> <b>Potato Leek Soup</b>  <b>Roasted Vegetable Calzone with Sauce</b>  <b>Sandwich of the Day</b> <b>Cranberry Chicken Salad</b>  <b>Blonde Brownie</b> <b>NSA Blonde Brownie</b>	<b>Chopped Salad</b> <b>Cream of Tomato Soup</b>  <b>Cheddar Turkey Burger</b> Seasoned Potato Wedges Grilled Vegetables  <b>Sandwich of the Day</b> <b>Steak &amp; Blue Cheese Salad</b>  <b>Cherry Pie</b> <b>NSA Cherry Pie</b>	<b>Lettuce &amp; Tomato Salad</b> <b>Clam Chowder</b>  <b>Braised Chicken</b> Creamy Polenta Sautéed Spinach  <b>Sandwich of the Day</b> <b>Egg Salad Stuffed Tomato</b>  <b>Lemon Bar</b> <b>NSA Apple Cinnamon Streusel Cake</b>	<b>Tossed Garden Salad</b> <b>Chicken Tortilla Soup</b>  <b>BBQ Pulled Pork</b> Baked Sweet Potato Fries Stewed Green Beans  <b>Sandwich of the Day</b> <b>Mediterranean Chicken Salad</b>  <b>Banana Pudding</b> <b>NSA Ice Cream Sundae</b>	<b>Orange Almond Salad</b> <b>Minestrone Soup</b>  <b>Spaghetti &amp; Meatballs</b> Parmesan Roasted Broccoli  <b>Sandwich of the Day</b> <b>BLT Salad</b>  <b>Caramel Cheesecake</b> <b>RS Cheesecake</b>
<b>Dinner</b>						
*After dinner snacks available daily.						
<b>Tossed Garden Salad</b> <b>Soup of the Day</b>  <b>Red Wine Braised Beef</b> Mashed Potatoes Cauliflower Au Gratin  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Chicken Waldorf Salad</b>  <b>Dessert of the Day</b> <b>NSA/RS Dessert of Choice</b>	<b>Spinach Parmesan Salad</b> <b>Cream of Broccoli Soup</b>  <b>Grilled Caesar Chicken</b> Pesto Penne Pasta Baked Eggplant & Tomato  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Greek Salad with Shrimp</b>  <b>Lemon Cream Cake</b> <b>RS Frosted Lemon Cake</b>	<b>Salad Greens</b> <b>Succotash Soup</b>  <b>Honey Bourbon Pork Loin</b> Sweet Potato Casserole Seasoned Peas  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Cranberry Chicken Salad</b>  <b>Peach Melba</b> <b>NSA Blonde Brownie</b>	<b>Chopped Salad</b> <b>Navy Bean Soup</b>  <b>Baked Salmon</b> Mushroom Risotto Lemon Pepper Asparagus  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Steak &amp; Blue Cheese Salad</b>  <b>Strawberry Shortcake</b> <b>NSA Cherry Pie</b>	<b>Lettuce &amp; Tomato Salad</b> <b>Soup of the Day</b>  <b>Sirloin of Beef Au Jus</b> Baked Potato Roasted Carrots  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Egg Salad Stuffed Tomato</b>  <b>Cinnamon Streusel Cake</b> <b>NSA Apple Cinnamon Streusel Cake</b>	<b>Tossed Garden Salad</b> <b>Summer Squash Bisque</b>  <b>Classic Crab Cake with Tartar Sauce</b> Corn on the Cob Cole Slaw  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>Mediterranean Chicken Salad</b>  <b>Homemade Ice Cream Sandwich</b> <b>NSA Ice Cream Sundae</b>	<b>Orange Almond Salad</b> <b>Spiced Cauliflower Soup</b>  <b>Chicken Cordon Bleu</b> Duchess Potatoes Sautéed Mushrooms  <b>Chef's Special</b>  <b>Sandwich of the Day</b> <b>BLT Salad</b>  <b>Coconut Cream Pie</b> <b>RS Cheesecake</b>

# Sunrise Spring/Summer Menu: IL-AL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Apr 4, May 9, June 13, July 18, Aug 22	Apr 5, May 10, June 14, July 19, Aug 23	Apr 6, May 11, June 15, July 20, Aug 24	Apr 7, May 12, June 16, July 21, Aug 25	Apr 8, May 13, June 17, July 22, Aug 26	Apr 9, May 14, June 18, July 23, Aug 27	Apr 10, May 15, June 19, July 24, Aug 28
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## Breakfast

<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Biscuits</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Cheese Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Au Gratin Hash Browns</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
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## Lunch

\*After lunch snacks available daily.

<b>Salad Greens</b> <b>Cream of Potato Soup</b>	<b>Chopped Salad</b> <b>Egg Drop Soup</b>	<b>Spinach Salad &amp; Egg</b> <b>Vegetable Beef Soup</b>	<b>Mediterranean Salad</b> <b>Chicken Rice Soup</b>	<b>Salad Greens</b> <b>Seafood Bisque</b>	<b>Tossed Garden Salad</b> <b>Garden Vegetable Soup</b>	<b>Lettuce &amp; Tomato Salad</b> <b>Lentil Soup</b>
<b>Broiled Flounder</b> Quinoa Pilaf Ratatouille	<b>Beef &amp; Vegetable Stir Fry</b> Brown Rice Baby Bok Choy	<b>Roasted Chicken Quarters</b> Twice Baked Potato Steamed Broccoli	<b>Shrimp Scampi</b> Angel Hair Pasta with Garlic Herb Butter Steamed Vegetables	<b>Lamb &amp; Vegetable Stew</b> Greek Salad	<b>Baked Ziti Pasta &amp; Meat Sauce</b> Italian Vegetable Medley	<b>Chicken Saltimbocca</b> Parmesan Risotto Spinach & Mushrooms
<b>Sandwich of the Day</b> <b>Classic Cobb Salad</b>	<b>Sandwich of the Day</b> <b>Grilled Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Greek Yogurt &amp; Fruit Parfait</b>	<b>Sandwich of the Day</b> <b>Antipasto Salad</b>	<b>Sandwich of the Day</b> <b>Steak Caesar Salad</b>	<b>Sandwich of the Day</b> <b>Chicken Salad &amp; Fruit</b>	<b>Sandwich of the Day</b> <b>Salmon Avocado Salad</b>
<b>Mocha Bar</b> <b>NSA/RS Dessert of Choice</b>	<b>Caramelized Pineapple</b> <b>RS Vanilla Mousse</b>	<b>Baked Apples à la Mode</b> <b>NSA Baked Apples à la Mode</b>	<b>Chocolate Éclair</b> <b>RS Red Velvet Cake</b>	<b>Baklava</b> <b>SF Piña Colada Cake</b>	<b>Chocolate Cream Pie</b> <b>NSA Blueberry Crisp</b>	<b>Chocolate Layer Cake</b> <b>RS Frosted Chocolate Cake</b>

## Dinner

\*After dinner snacks available daily.

<b>Salad Greens</b> <b>Soup of the Day</b>	<b>Chopped Salad</b> <b>White Bean Soup</b>	<b>Spinach Salad &amp; Egg</b> <b>Lima Bean Soup</b>	<b>Mediterranean Salad</b> <b>Split Pea Soup</b>	<b>Salad Greens</b> <b>Soup of the Day</b>	<b>Tossed Garden Salad</b> <b>Cream of Carrot Soup</b>	<b>Lettuce &amp; Tomato Salad</b> <b>Cauliflower, Cheese, &amp; Potato Soup</b>
<b>Pork Tenderloin Diane</b> Scalloped Potatoes Carrot Soufflé	<b>Stuffed Shells &amp; Sauce</b> Herbed Green Beans	<b>Baked Ham</b> Cornbread Stuffing Braised Greens	<b>Salisbury Steak</b> Garlic Mashed Potatoes Peas & Carrots	<b>Chicken Vegetable Curry</b> Basmati Rice	<b>Lemon Butter Baked Cod</b> Herbed Couscous Succotash	<b>Braised Beef Brisket</b> Potatoes Anna Haricots Vert with Shallots & Bacon
<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>
<b>Sandwich of the Day</b> <b>Classic Cobb Salad</b>	<b>Sandwich of the Day</b> <b>Grilled Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Greek Yogurt &amp; Fruit Parfait</b>	<b>Sandwich of the Day</b> <b>Antipasto Salad</b>	<b>Sandwich of the Day</b> <b>Steak Caesar Salad</b>	<b>Sandwich of the Day</b> <b>Chicken Salad &amp; Fruit</b>	<b>Sandwich of the Day</b> <b>Salmon Avocado Salad</b>
<b>Dessert of the Day</b> <b>NSA/RS Dessert of Choice</b>	<b>Cannoli</b> <b>RS Vanilla Mousse</b>	<b>Peach Crumble Nut Cake</b> <b>NSA Baked Apples à la Mode</b>	<b>Red Velvet Cake</b> <b>RS Red Velvet Cake</b>	<b>Coconut Cake</b> <b>SF Piña Colada Cake</b>	<b>Blueberry Bar</b> <b>NSA Blueberry Crisp</b>	<b>Pecan Pie</b> <b>RS Frosted Chocolate Cake</b>

# Sunrise Spring/Summer Menu: IL-AL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Apr 11, May 16, June 20, July 25, Aug 29	Apr 12, May 17, June 21, July 26, Aug 30	Apr 13, May 18, June 22, July 27, Aug 31	Apr 14, May 19, June 23, July 28, Sept 1	Apr 15, May 20, June 24, July 29, Sept 2	Apr 16, May 21, June 25, July 30, Sept 3	Apr 17, May 22, June 26, July 31, Sept 4
<b>Breakfast</b>						
<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Western Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Cinnamon Roll</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Cheese Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Scrambled Egg Casserole</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
<b>Lunch</b>						
*After lunch snacks available daily.						
<b>Greek Salad</b> <b>Chicken Noodle Soup</b>	<b>Salad Greens</b> <b>Cream of Mushroom Soup</b>	<b>Cranberry Almond Salad</b> <b>French Onion Soup</b>	<b>Caesar Salad</b> <b>Cream of Tomato Soup</b>	<b>Tossed Garden Salad</b> <b>Cream of Chicken Soup</b>	<b>Salad Greens</b> <b>Minestrone Soup</b>	<b>Wedge Salad</b> <b>Garden Vegetable Soup</b>
<b>Seafood Imperial</b> Buttered New Potatoes Roasted Roma Tomatoes	<b>Beef &amp; Broccoli</b> Steamed Rice	<b>Pork Schnitzel with Dill</b> Applesauce Potato Pancakes Steamed Asparagus	<b>Fusilli Pasta with Chicken, Peppers, &amp; Broccoli</b>	<b>Pesto Spinach Pizza</b> Grilled Peppers	<b>Spaghetti Bolognese</b> Steamed Broccoli	<b>Chicken &amp; Biscuits</b> Seasoned Peas
<b>Sandwich of the Day</b> <b>Spinach Strawberry Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Chef's Salad</b>	<b>Sandwich of the Day</b> <b>Asian Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Fruit &amp; Cottage Cheese</b>	<b>Sandwich of the Day</b> <b>Tuna Salad Plate</b>	<b>Sandwich of the Day</b> <b>Cranberry Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Classic Cobb Salad</b>
<b>Assorted Cookies</b> <b>NSA/RS Dessert of Choice</b>	<b>Mandarin Orange Cake</b> <b>RS Cheesecake</b>	<b>Blonde Brownie</b> <b>NSA Peach Pie</b>	<b>Lemon Poppy Seed Cake</b> <b>RS Carrot Cake</b>	<b>Strawberry Shortcake</b> <b>NSA Strawberries &amp; Cream</b>	<b>Mocha Mousse</b> <b>RS Banana Cream Pie</b>	<b>Peanut Butter Bar</b> <b>NSA Chocolate Peanut</b>
<b>Dinner</b>						
*After dinner snacks available daily.						
<b>Greek Salad</b> <b>Soup of the Day</b>	<b>Salad Greens</b> <b>Pasta e Fagioli Soup</b>	<b>Cranberry Almond Salad</b> <b>Black Bean Soup</b>	<b>Caesar Salad</b> <b>Turkey Rice Soup</b>	<b>Tossed Garden Salad</b> <b>Soup of the Day</b>	<b>Salad Greens</b> <b>Loaded Baked Potato Soup</b>	<b>Wedge Salad</b> <b>Corn Chowder</b>
<b>Italian Sausage &amp; Peppers</b> Penne Pasta & Marinara	<b>Chicken Milanese</b> Rosemary Red Potatoes Lemon Garlic Cauliflower	<b>Pan Seared Salmon Cake</b> Pesto Orzo Grilled Zucchini	<b>Braised Short Ribs</b> Garlic Mashed Potatoes Mushroom Ragout	<b>BBQ Pork Ribs</b> Baked Beans Collard Greens	<b>Oven Fried Fish &amp; Chips</b> Cole Slaw	<b>Beef Pot Roast</b> Boiled Potatoes Roasted Carrots
<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>
<b>Sandwich of the Day</b> <b>Spinach Strawberry Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Chef's Salad</b>	<b>Sandwich of the Day</b> <b>Asian Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Fruit &amp; Cottage Cheese</b>	<b>Sandwich of the Day</b> <b>Tuna Salad Plate</b>	<b>Sandwich of the Day</b> <b>Cranberry Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Classic Cobb Salad</b>
<b>Dessert of the Day</b> <b>NSA/RS Dessert of Choice</b>	<b>Cheesecake</b> <b>RS Cheesecake</b>	<b>Peach Pie</b> <b>NSA Peach Pie</b>	<b>Carrot Cake</b> <b>RS Carrot Cake</b>	<b>Key Lime Pie</b> <b>NSA Strawberries &amp; Cream</b>	<b>Banana Cream Pie</b> <b>RS Banana Cream Pie</b>	<b>Butterscotch Pudding</b> <b>NSA Chocolate Peanut Butter Pudding</b>

# Sunrise Spring/Summer Menu: IL-AL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Apr 18, May 23, June 27, Aug 1, Sept 5	Apr 19, May 24, June 28, Aug 2, Sept 6	Apr 20, May 25, June 29, Aug 3, Sept 7	Apr 21, May 26, June 30, Aug 4, Sept 8	Apr 22, May 27, July 1, Aug 5, Sept 9	Apr 23, May 28, July 2, Aug 6, Sept 10	Apr 24, May 29, July 3, Aug 7, Sept 11
<b>Breakfast</b>						
<b>Waffle</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Ham &amp; Cheese Omelet</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Buttermilk Pancakes</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Biscuits</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Egg &amp; Ham Muffin</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>French Toast</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	<b>Scrambled Egg Casserole</b> Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
<b>Lunch</b>						
*After lunch snacks available daily.						
<b>Spinach Mushroom Salad</b> <b>Split Pea Soup</b>	<b>Caesar Salad</b> <b>Tomato Florentine Soup</b>	<b>Tossed Garden Salad</b> <b>Mushroom Barley Soup</b>	<b>Mediterranean Salad</b> <b>Cauliflower, Cheese, &amp; Potato Soup</b>	<b>Salad Greens</b> <b>Spiced Vegetable Soup</b>	<b>Chopped Salad</b> <b>Beef Noodle Soup</b>	<b>Tossed Garden Salad</b> <b>Summer Squash Bisque</b>
<b>Cod Creole</b> Lemon Rice Summer Squash	<b>Chicken Penne Pasta Alfredo</b> Lemon Pepper Asparagus	<b>Turkey Broccoli Casserole</b> <b>Green &amp; Gold Beans</b>	<b>Sherry Beef Tips</b> Garlic Mashed Potatoes Seasoned Peas	<b>Orange Ginger Pork Tenderloin</b> Fried Rice Sautéed Snow Peas	<b>Mediterranean Seafood Stew</b>	<b>Belgian Waffle with Berries</b> Syrup Bacon
<b>Sandwich of the Day</b> <b>Grilled Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Greek Salad with Shrimp</b>	<b>Sandwich of the Day</b> <b>BLT Salad</b>	<b>Sandwich of the Day</b> <b>Egg Salad Stuffed Tomato</b>	<b>Sandwich of the Day</b>	<b>Sandwich of the Day</b> <b>BBQ Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Beef Taco Salad</b>
<b>Raspberry Jam Bar</b> <b>NSA/RS Dessert of Choice</b>	<b>Mixed Berry Crisp</b> <b>RS Frosted Yellow Cake</b>	<b>Caramel Apple Bar</b> <b>RS Red Velvet Cake</b>	<b>Banana Split Sundae</b> <b>SF Pound Cake</b>	<b>Turkey Waldorf Salad</b> <b>Coconut Cream Custard</b> <b>RS Coconut Cream Pudding</b>	<b>Strawberries &amp; Cream</b> <b>SF Strawberry Mousse</b>	<b>Brownie</b> <b>SF Brownie</b>
<b>Dinner</b>						
*After dinner snacks available daily.						
<b>Spinach Mushroom Salad</b> <b>Soup of the Day</b>	<b>Caesar Salad</b> <b>Clam Chowder</b>	<b>Tossed Garden Salad</b> <b>Chicken Gumbo Soup</b>	<b>Mediterranean Salad</b> <b>Gazpacho</b>	<b>Salad Greens</b> <b>Soup of the Day</b>	<b>Chopped Salad</b> <b>Potato Leek Soup</b>	<b>Tossed Garden Salad</b> <b>Cream of Celery Soup</b>
<b>Beef Stroganoff</b> Buttered Noodles Baked Eggplant & Tomato	<b>Beef Bracirole</b> Roasted New Potatoes Sautéed Broccolini	<b>Honey Balsamic Salmon</b> Rosemary White Beans Roasted Brussels Sprouts	<b>Herb Grilled Chicken Thigh</b> Corn on the Cob Grilled Vegetables	<b>Cheese Ravioli &amp; Marinara Sauce</b> Italian Vegetable Medley	<b>Corned Beef</b> Boiled Potatoes Parslied Carrots Seasoned Cabbage	<b>Oven Fried Chicken</b> Macaroni & Cheese Creamed Spinach
<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>	<b>Chef's Special</b>
<b>Sandwich of the Day</b> <b>Grilled Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Greek Salad with Shrimp</b>	<b>Sandwich of the Day</b> <b>BLT Salad</b>	<b>Sandwich of the Day</b> <b>Egg Salad Stuffed Tomato</b>	<b>Sandwich of the Day</b> <b>Turkey Waldorf Salad</b>	<b>Sandwich of the Day</b> <b>BBQ Chicken Salad</b>	<b>Sandwich of the Day</b> <b>Beef Taco Salad</b>
<b>Dessert of the Day</b> <b>NSA/RS Dessert of Choice</b>	<b>Italian Cream Cake</b> <b>RS Frosted Yellow Cake</b>	<b>Red Velvet Cake</b> <b>RS Red Velvet Cake</b>	<b>Lemon-Berry Pound Cake</b> <b>SF Pound Cake</b>	<b>Chocolate Pudding Parfait</b> <b>RS Coconut Cream Pudding</b>	<b>Black Forest Cake</b> <b>SF Strawberry Mousse</b>	<b>Ice Cream Pie</b> <b>SF Brownie</b>