

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sept 25, Oct 30, Dec 4, Jan 8, Feb 12, Mar 19	Sept 26, Oct 31, Dec 5, Jan 9, Feb 13, Mar 20	Sept 27, Nov 1, Dec 6, Jan 10, Feb 14, Mar 21	Sept 28, Nov 2, Dec 7, Jan 11, Feb 15, Mar 22	Sept 29, Nov 3, Dec 8, Jan 12, Feb 16, Mar 23	Sept 30, Nov 4, Dec 9, Jan 13, Feb 17, Mar 24	Oct 1, Nov 5, Dec 10, Jan 14, Feb 18, Mar 25
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Western Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Au Gratin Hash Browns Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Lettuce & Tomato Salad Cream of Mushroom Soup Shepherd's Pie Roasted Parsnips Sandwich of the Day Entrée Salad Your Way Frosted Marble Cake RS Chocolate Frosted Yellow Cake	Chopped Salad Curried Cauliflower Soup Chicken Satay with Peanut Sauce Jasmine Rice Steamed Zucchini Sandwich of the Day Entrée Salad Your Way Coconut Rice Pudding NSA Cinnamon Streusel Cake	Salad Greens with Orange Seafood Bisque Italian Sausage Quiche Herbed Couscous Broiled Tomato Slices Sandwich of the Day Entrée Salad Your Way Peanut Butter Bar NSA Chocolate Peanut Butter Pudding	Caesar Salad Pasta e Fagioli Soup Cheese Ravioli & Marinara Italian Vegetable Medley Sandwich of the Day Entrée Salad Your Way Lemon Mousse SF Lemon Mousse	Spinach Parmesan Salad Cream of Onion Soup Beef Pot Pie Stewed Green Beans Sandwich of the Day Entrée Salad Your Way Caramel Cheesecake NSA Baked Apples à la Mode	BLT Salad Butternut Squash Soup Cheddar Turkey Burger Baked Oven Fries Cole Slaw Sandwich of the Day Entrée Salad Your Way Brownie SF Brownie	Tossed Garden Salad Carrot & Ginger Soup Orange Beef Steamed Rice Stir Fried Vegetables Sandwich of the Day Entrée Salad Your Way Coconut Cream Pie RS Frosted Chocolate Cake
Dinner <i>*After dinner snacks available daily.</i>						
Lettuce & Tomato Salad Soup of the Day Shrimp Scampi Angel Hair Pasta with Garlic Herb Butter Steamed Broccoli Sandwich of the Day Entrée Salad Your Way Peach Crisp RS Chocolate Frosted Yellow Cake	Chopped Salad Lentil Soup Beef Burgundy Duchess Potatoes Creamed Pearl Onions Sandwich of the Day Entrée Salad Your Way Cinnamon Bread Pudding NSA Cinnamon Streusel Cake	Salad Greens with Orange Mediterranean Vegetable Soup Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day NSA Chocolate Peanut Butter Pudding	Caesar Salad Loaded Baked Potato Soup Roasted Chicken Quarters Mushroom Barley Risotto Roasted Butternut Squash Sandwich of the Day Entrée Salad Your Way Cranberry Cake SF Lemon Mousse	Spinach Parmesan Salad Soup of the Day Pork Tenderloin Diane Whipped Red Potatoes Buttered Peas Sandwich of the Day Entrée Salad Your Way Baked Apples à la Mode NSA Baked Apples à la Mode	BLT Salad White Bean Chicken Chili Catch of the Day Sandwich of the Day Entrée Salad Your Way Dessert of the Day SF Brownie	Tossed Garden Salad Beef Barley Soup Chicken Cordon Bleu Roasted New Potatoes Sautéed Spinach Sandwich of the Day Entrée Salad Your Way Frosted Chocolate Cake RS Frosted Chocolate Cake

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 2, Nov 6, Dec 11, Jan 15, Feb 19	Oct 3, Nov 7, Dec 12, Jan 16, Feb 20	Oct 4, Nov 8, Dec 13, Jan 17, Feb 21	Oct 5, Nov 9, Dec 14, Jan 18, Feb 22	Oct 6, Nov 10, Dec 15, Jan 19, Feb 23	Oct 7, Nov 11, Dec 16, Jan 20, Feb 24	Oct 8, Nov 12, Dec 17, Jan 21, Feb 25
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Ham & Cheese Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Cinnamon Roll Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Mediterranean Salad Italian Wedding Soup	Wedge Salad Black Bean Soup	Caesar Salad Chicken Noodle Soup	Lettuce & Tomato Salad Broccoli Cheese Soup	Spinach Blue Cheese Salad Roasted Red Pepper Soup	Salad Greens Egg Drop Soup	Greek Salad Clam Chowder
Chicken Fettuccine Pasta with Alfredo Lemon Butter Broccoli	Soft Beef Tacos Salsa & Sour Cream Sautéed Peppers Sandwich of the Day Entrée Salad Your Way	Pepperoni Pizza Side Salad	Crispy Chicken Tenders with Honey Mustard Sauce Sweet Potato Wedges Cole Slaw Sandwich of the Day Entrée Salad Your Way	Turkey & Dumplings	Beef & Vegetable Lo Mein	Chicken Paprikash Steamed Rice Seasoned Peas
Sandwich of the Day Entrée Salad Your Way	Pineapple Upside Down Cake NSA Peach Melba	Sandwich of the Day Entrée Salad Your Way	Fruit Pie RS Frosted Yellow Cake	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way
Vanilla Pudding Parfait RS Vanilla Pudding		Caramel Cake RS Honey Cake		Frosted Pumpkin Bar RS Chocolate Mousse	Mandarin Orange Cake Mandarin Oranges in Juice	Coconut Macaroons NSA Ice Cream Sundae
Dinner <i>*After dinner snacks available daily.</i>						
Mediterranean Salad Soup of the Day	Wedge Salad Cream of Cauliflower Soup	Caesar Salad Potato Leek Soup	Lettuce & Tomato Salad Garden Vegetable Soup	Spinach Blue Cheese Salad Soup of the Day	Salad Greens Sweet Potato Bisque	Greek Salad French Onion Soup
Honey Balsamic Salmon Quinoa Pilaf Roasted Carrots	Roast Turkey & Gravy with Cranberry Sauce Cornbread Stuffing Green Beans Almondine	Chef's Special	Meat Lasagna Steamed Vegetables	Italian Stuffed Pork Loin Parmesan Risotto Ratatouille	Catch of the Day	Sirloin of Beef Au Jus Baked Potato & Sour Cream Creamed Spinach
Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way
Raspberry Jam Bar RS Vanilla Pudding	Peach Cobbler NSA Peach Melba	Dessert of the Day RS Honey Cake	Italian Cream Cake RS Frosted Yellow Cake	Chocolate Mousse RS Chocolate Mousse	Dessert of the Day Mandarin Oranges in Juice	Banana Split Sundae NSA Ice Cream Sundae

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 9, Nov 13, Dec 18, Jan 22, Feb 26	Oct 10, Nov 14, Dec 19, Jan 23, Feb 27	Oct 11, Nov 15, Dec 20, Jan 24, Feb 28	Oct 12, Nov 16, Dec 21, Jan 25, Mar 1	Oct 13, Nov 17, Dec 22, Jan 26, Mar 2	Oct 14, Nov 18, Dec 23, Jan 27, Mar 3	Oct 15, Nov 19, Dec 24, Jan 28, Mar 4
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Biscuits Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Au Gratin Hash Browns Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Chopped Salad Baked Potato Soup BBQ Chicken Wings Bowtie Pesto Pasta Salad Grilled Vegetables Sandwich of the Day Entrée Salad Your Way Apple Brown Betty NSA Apple Crisp	Tossed Garden Salad Spiced Vegetable Soup Oven Fried Fish & Chips Cole Slaw Sandwich of the Day Entrée Salad Your Way Lemon Bar SF Lemon Mousse	Caesar Salad Minestrone Soup Baked Penne Pasta with Ricotta Basil Zucchini Sauté Sandwich of the Day Entrée Salad Your Way Cheesecake RS Cheesecake	Lettuce & Tomato Salad Curried Cauliflower Soup Chicken Vegetable Fried Rice Sandwich of the Day Entrée Salad Your Way Butterscotch Pudding RS Butterscotch Pudding	Beet & Apple Salad Beer Cheese Soup Kielbasa with Grain Mustard Herbed New Potatoes Sauerkraut Sandwich of the Day Entrée Salad Your Way Pumpkin Spice Cake SF Harvest Spice Cake	Spinach Mushroom Salad Manhattan Clam Chowder Spaghetti & Meatballs Steamed Broccoli Sandwich of the Day Entrée Salad Your Way Mocha Mousse SF Cappuccino Mousse	BLT Salad Southwestern Corn Soup Chicken Fajitas Sour Cream Pico de Gallo Sandwich of the Day Entrée Salad Your Way Tres Leches Cake NSA Baked Apples
Dinner <i>*After dinner snacks available daily.</i>						
Chopped Salad Soup of the Day Baked Honey Ham Au Gratin Potatoes Green Bean Casserole Sandwich of the Day Entrée Salad Your Way Boston Cream Cake NSA Apple Crisp	Tossed Garden Salad Cream of Broccoli Soup Glazed Meatloaf Cheddar Mashed Potatoes Glazed Rosemary Carrots Sandwich of the Day Entrée Salad Your Way Peach Crumble Nut Cake SF Lemon Mousse	Caesar Salad Mushroom Bisque Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day RS Cheesecake	Lettuce & Tomato Salad Ham & Navy Bean Soup Beef Stroganoff Buttered Noodles Seasoned Peas Sandwich of the Day Entrée Salad Your Way Blonde Brownie RS Butterscotch Pudding	Beet & Apple Salad Soup of the Day Chicken & Vegetable Stew Sandwich of the Day Entrée Salad Your Way Strawberry Pie SF Harvest Spice Cake	Spinach Mushroom Salad Tomato Soup with Couscous Catch of the Day Sandwich of the Day Entrée Salad Your Way Dessert of the Day SF Cappuccino Mousse	BLT Salad White Bean Soup Corned Beef Boiled Potatoes Parslied Carrots Seasoned Cabbage Sandwich of the Day Entrée Salad Your Way Apple Oatmeal Bar NSA Baked Apples

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 16, Nov 20, Dec 25, Jan 29, Mar 5	Oct 17, Nov 21, Dec 26, Jan 30, Mar 6	Oct 18, Nov 22, Dec 27, Jan 31, Mar 7	Oct 19, Nov 23, Dec 28, Feb 1, Mar 8	Oct 20, Nov 24, Dec 29, Feb 2, Mar 9	Oct 21, Nov 25, Dec 30, Feb 3, Mar 10	Oct 22, Nov 26, Dec 31, Feb 4, Mar 11
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Western Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Cinnamon Roll Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Cheese Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Tomato Goat Cheese Salad Cream of Potato Soup BBQ Pulled Pork Baked Beans Cole Slaw Sandwich of the Day Entrée Salad Your Way Sour Cream Pound Cake SF Pound Cake	Greek Salad Chicken Noodle Soup Eggplant Rollatini Potato Gnocchi with Marinara Sauce Green Beans Sandwich of the Day Entrée Salad Your Way Creamy Rice Pudding RS Tapioca Pudding	Salad Greens Black Bean Soup Oven Fried Shrimp Baked Sweet Potato Fries Crunchy Vegetable Salad Sandwich of the Day Entrée Salad Your Way Banana Cream Pie RS Banana Cream Pie	Mediterranean Salad French Onion Soup Salisbury Steak Garlic Mashed Potatoes Seasoned Peas Sandwich of the Day Entrée Salad Your Way Root Beer Float NSA Root Beer Float	Tossed Garden Salad Cheeseburger Soup Turkey Pot Pie Buttered Corn Sandwich of the Day Entrée Salad Your Way Chocolate Chip Cookie Bar SF Chocolate Chip Cookie	Almond Mandarin Orange Salad Cream of Carrot Soup Teriyaki Chicken Brown Rice Stir Fried Vegetables Sandwich of the Day Entrée Salad Your Way Fresh Pineapple with Coconut NSA Baked Pineapple	Wedge Salad Mediterranean Vegetable Soup Four Cheese Baked Ziti Pasta Roasted Roma Tomatoes Sandwich of the Day Entrée Salad Your Way Tiramisu Trifle RS Frosted Cherry Cake
Dinner <i>*After dinner snacks available daily.</i>						
Tomato Goat Cheese Salad Soup of the Day Oven Fried Chicken Macaroni & Cheese Collard Greens Sandwich of the Day Entrée Salad Your Way Peaches & Cream Bar SF Pound Cake	Greek Salad Split Pea Soup Beef Pot Roast Rissolle Potatoes Sherried Mushrooms Sandwich of the Day Entrée Salad Your Way Carrot Cake RS Tapioca Pudding	Salad Greens Cream of Tomato Soup Chef's Special Sandwich of the Day Entrée Salad Your Way Dessert of the Day RS Banana Cream Pie	Mediterranean Salad Italian Wedding Soup Chicken Parmesan Spaghetti & Marinara Sauce Italian Vegetable Medley Sandwich of the Day Entrée Salad Your Way Frosted Lemon Cake NSA Root Beer Float	Tossed Garden Salad Soup of the Day Belgian Waffle with Berries & Syrup Bacon Sandwich of the Day Entrée Salad Your Way Ambrosia Salad SF Chocolate Chip Cookie	Almond Mandarin Orange Salad Corn Chowder Catch of the Day Sandwich of the Day Entrée Salad Your Way Dessert of the Day NSA Baked Pineapple	Wedge Salad Turkey Rice Soup Sirloin of Beef Au Jus Potatoes Anna Creamed Spinach Sandwich of the Day Entrée Salad Your Way Black Forest Cake RS Frosted Cherry Cake

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 23, Nov 27, Jan 1, Feb 5, Mar 12	Oct 24, Nov 28, Jan 2, Feb 6, Mar 13	Oct 25, Nov 29, Jan 3, Feb 7, Mar 14	Oct 26, Nov 30, Jan 4, Feb 8, Mar 15	Oct 27, Dec 1, Jan 5, Feb 9, Mar 16	Oct 28, Dec 2, Jan 6, Feb 10, Mar 17	Oct 29, Dec 3, Jan 7, Feb 11, Mar 18
Breakfast						
Waffle Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Ham & Cheese Omelet Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Buttermilk Pancakes Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Biscuits Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Egg & Ham Muffin Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	French Toast Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal	Scrambled Egg Casserole Egg of Choice Breakfast Meats Toast Fresh Fruit Hot or Cold Cereal
Lunch <i>*After lunch snacks available daily.</i>						
Chopped Salad Tomato Basil Soup	Lettuce & Tomato Salad Broccoli Cheddar Soup	Salad Greens Succotash Soup	Caesar Salad Tuscan Bean Soup	BLT Salad Potato Leek Soup	Mediterranean Salad Minestrone Soup	Spinach Salad with Egg Southwestern Corn Soup
Smoked Salmon Quiche Sliced Fresh Fruit	Swedish Meatballs Buttered Noodles Sautéed Mushrooms	Chicken Pesto Flatbread Side Salad	Beef Chili & Sour Cream Baked Potato with Broccoli & Cheese	Marsala Braised Chicken Rice Pilaf Green Beans with Lemon	Italian Sausage & Peppers Penne Pasta with Marinara	Chicken Enchiladas Sour Cream Black Beans & Rice Grilled Peppers
Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way
Cherries Jubilee NSA Cherries Jubilee	Chocolate Mousse RS Chocolate Mousse	S'mores Bar RS Coconut Cream Pudding	Banana Bread SF Banana Cake	Lemon Poppy Seed Cake RS Frosted Lemon Cake	Assorted Cookies SF Assorted Cookies	Tres Leches Cake RS Vanilla Pudding
Dinner <i>*After dinner snacks available daily.</i>						
Chopped Salad Soup of the Day	Lettuce & Tomato Salad Cream of Cabbage Soup	Salad Greens Beef Noodle Soup	Caesar Salad Garden Vegetable Soup	BLT Salad Soup of the Day	Mediterranean Salad Chicken Orzo Soup	Spinach Salad with Egg Wild Rice & Mushroom Soup
Honey BBQ Chicken Corn-Tomato Hash Green Beans	Pork Schnitzel with Dill Applesauce Rosemary Red Potatoes Roasted Beets	Chef's Special	Spinach & Mushroom Lasagna	Country Fried Steak with Cream Gravy Mashed Potatoes Peas & Carrots	Catch of the Day	Braised Beef Brisket Potato Pancakes Sautéed Spinach
Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way	Sandwich of the Day Entrée Salad Your Way
Pecan Bar NSA Cherries Jubilee	Apple Cobbler RS Chocolate Mousse	Dessert of the Day RS Coconut Cream Pudding	Vanilla Pudding with Raspberry Sauce SF Banana Cake	Coconut Cream Squares RS Frosted Lemon Cake	Dessert of the Day SF Assorted Cookies	Chocolate Éclair Torte RS Vanilla Pudding