

Covid-19 Phased Resumption of Operations Plan

We work every day to provide a safe, comfortable, and engaging home. While this home may look a bit different during the COVID-19 pandemic, we've consulted with a number of clinical and infectious disease specialists, such as the CDC, WHO, and CMS to design a plan to help our residents and families enjoy all they love about life at Sunrise.

RESTRICTED OPERATIONS

Personalized support as residents self-quarantine in their suites, including in-room dining and activities, hallway engagements and virtual family connections.



GATING CRITERIA

Data-driven gating criteria established to guide when communities are ready to move into Phased Resumption:

- State/provincial and local area assisted living restrictions
- 14 consecutive days in each phase with zero active confirmed cases of COVID-19
- Sufficient PPE, cleaning supplies, and staffing to support expanded operations



MOVE TO PHASED RESUMPTION

Changes to operations will be made carefully and cautiously with continued focus on infection control measures.

WHAT RESIDENTS MAY PARTICIPATE IN

PHASE 1



Small group, socially distanced meals in dining rooms



Small group programming



Scheduled appointments with our in-house hair stylist



Outdoor activities to enjoy fresh air

PHASE 2



Open Bistros for snacks and socialization



Socially distanced scenic van rides



Community amenity spaces such as libraries, game rooms, and gyms



Expanded small group programming offerings, including resident-led and clergy groups

PHASE 3



Socially distanced meals in dining rooms, up to 50% capacity



Expanded indoor activities and community entertainment



Community renovations allowed

NOTE: Each community's specific plans may vary slightly based on local area restrictions and factors, such as the community's size. We will continue to monitor new information on COVID-19 as well as any impact the pandemic has on our communities as we consider future plans. Should we see a change in the virus or an increase in cases, we will pause our efforts, resume restricted operations protocols, and evaluate next steps in accordance with applicable health authority regulations and guidelines.

VISITATION*



Scheduled socially distanced visitation with friends and family

Phases 1 & 2:
Visits occur in a designated outdoor or indoor space

Phase 3:
Visits allowed in residents' suites

Essential Caregivers
allowed in Phases 1, 2, and 3 with additional restrictions



[SunrisePrepared.com](https://www.sunriseprepared.com)
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*Visitation Allowed by Phase

Sunrise's Phases of Resumption	Restricted Operations	Phase 1	Phase 2	Phase 3
Resident Care Visitation				
Essential Medical	X	X	X	X
Family & Friends Visitation				
Window	X	X	X	X
Compassionate Care	X	X	X	X
Essential Caregiver		X	X	X
Outdoor Family & Friends (Designated Outdoor Space)		X	X	X
Indoor Family & Friends (Designated Indoor Area)		X	X	X
Indoor Family & Friends (Resident Suite)				X

Family & Friends Visitation

Window

The primary option for communities operating under Restricted Operations to allow for engagement and personal connections.

Compassionate Care

Indoor visitation in a resident's suite for those who are end-of-life, bed-bound, or have other significant physical or psychological limitations and/or a decline in their condition and cannot participate in window, outdoor, or indoor visitation in designated areas.

Essential Caregiver

Two visitors, designated by the resident or responsible party, who provide companionship, emotional and/or social support and may visit in-suite. Negative COVID-19 test required within 14 days of each visit.

Outdoor Family & Friends

The preferred visitation option for communities operating under any phase of the **Sunrise's Phased Resumption of Operations**.

Indoor Family & Friends

The preferred visitation option for communities if residents are not able to visit outdoors or if outdoor visitation is not possible given inclement weather.

Resident Suite

Visitation in the resident's suite for the purpose of socializing.

Additional Gating Criteria Required

Communities must be located in a county where the broader county test positivity rate for the most recently reported week is less than 5%.

